

### TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and is true to the best of my knowledge.

KMC7

Signature of the principal



### GENDER EQUITY



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# GENDER SENSITIZATION & EQUITY PROGRAM



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#### GENDER EQUITY SENSITIZATION PROGRAMME 2018-2023

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## GENDER EQUITY SENSITIZATION PROGRAMME ACADEMIC YEAR2022-2023

#### AWARENESS SESSION ON "DIGITALL: INNOVATION AND TECHNOLOGY FOR GENDER EQUALITY IN HEALTH CARE SYSTEM"

#### **ACTIVITYREPORT**

DATE:08/03/2023 AT 10 AM TO 11 AM

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Smt. Ushadevi P, KNMC President

KMCT College of Nursing was conducted an awareness session on "DigitALL: Innovation and Technology for Gender Equality in Health Care System" as part of international women's day celebration, organized by gender sensitization programme. The programme was inaugurated by Prof. R Mageswari, principal of KMCT College of Nursing.Smt. Ushadevi P delivered speech on gender equality in the health care system. She emphasized that besides economic benefits, enhancing women's safe and equal access to digital technologies offers immense opportunities to address development and humanitarian challenges and spark innovative and creative solutions that meet women's needs and promote their empowerment. She pointed out the digital technology has enabled women to break down barriers and access educational opportunities, start businesses, and participate in the global economy. It has also given them a platform to share their stories and experiences and make their voices heard in matters of policy and advocacy. The programme lasted for one hour.



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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR2022-2023

## AWARENESS SESSION ON ELIMINATION OF VIOLENCE AGAINST WOMEN- "UNITE! ACTIVISM TO END VIOLENCE AGAINST WOMEN AND GIRLS"

#### ACTIVITYREPORT

DATE:25/11/2022 at 10 am to 11 am

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Dr. Susheel Kakkam, Dept. of Psychiatry

KMCT College of Nursing conducted an awareness session on Elimination of violence against women- "UNITE! Activism to end violence against women and girls. The gender sensitization programme was organized the programme on international day for the elimination of violence against women. The programme was inaugurated by Prof. R Mageswari, principal of KMCT College of Nursing. The chief guest Dr. Susheel Kakkam, Dept. of Psychiatry spoke regarding prevention of violence against women and girls. He pointed out that Respect, protect and fulfill all human rights and fundamental freedoms of women and girls and ensure that women know their rights and are empowered to demand and enforce them; Educating boys and girls about women's human rights and their responsibility to respect the rights of others. Additionally, gender-based violence can affect any individual, irrespective of their gender, age, or ethnicity, certain groups of women and girls are particularly vulnerable.



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## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2022-2023

#### Role Play on Elderly Women and Geriatric Considerations

#### ACTIVITY REPORT

Date-02.02.2022

Venue- KMCT Behavioral Science Institute

Role play was conducted on elderly women and geriatric considerations in nursing by Third year BSc Nnursing students (11th) batch of KMCT college of nursing. The program started at 11 am Behavioral science institute. The program commenced with a prayer song by Third year B.Sc Nursing students. Only BSc Nursing students and two faculty members attended the program. The program came to an end at 12 pm.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2022-2023

Role Play on Elderly Women and Geriatric Considerations





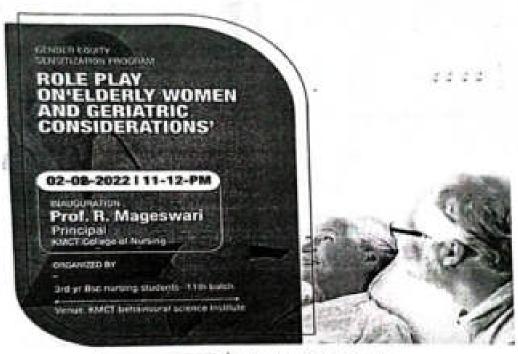
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BROCHURE ON ROLE PLAY ON ELDERLY WOMEN AND GERIATRIC CONSIDERATIONS





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# GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2022-2023 TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD ACTIVITY REPORT

Venue: KMCT Auditorium

Date:21.06.2022

Speaker:Dr. Ambika.C

part of a programme on Yoga demonstration was conducted at KMCT auditorium by first year BSc Nursing students. Prof. R Mageswari, principal KMCT College of nursing inaugurated the functions and delivered a Yoga message for students regarding Yoga in a changing world. Dr. Ambika.C Vice principal, Kmct College of Nursing felicitated the programme. Yoga demonstration was done by first year BSc Students Ms. Anagha, Ms. Arathi and Ms. Amrutha. The class started with a warm-up section, which include a theory as well as a practical section and explain different asanas, it includes trikonasana, jadasanas, mukasanakriya, rocking and rolling- Surya namaskar, tiger breathing. Sarvangasana, matsyasana, halasana. chakrasana. She also taught about the pranayama, which includes sectional breathing, anuloma, kapalabhati, bhramari pranayama, and savasanameditation. She also made the students understand the importance of practicing yoga in their daily life by promoting women's health and reducing the incidence of diseases like PCOD The program was ended at 4.00 pm with the vote of thanks. Students were very enthusiastic throughout the talk. In total it was an outstanding session. 138 students participated in the session.



## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2022-2023

## TALK ON "WOMEN IN SCIENCE LEADERSHIP: A NEW ERA FOR SUSTAINABILITY"

#### ACTIVITY REPORT

DATE: 08/06/2022 at 2p to 4pm

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Prof. R Mageswari, Principal ,KMCT College of Nursing

KMCT College of nursing conducted a talk on Women in science leadership: a new era for sustainability as part of Mother's Day celebration, organized by gender sensitization programme. The programme acknowledged the pivotal role of women and girls as catalysts for change in the realm of science as leaders in this era of sustainability. Additionally, the programme aims to spotlight the transformative potential inherent in fostering leadership roles for women and girls in scientific pursuits. Prof. R Mageswari, principal of College of Nursing delivered a speech outlining that women and girls are indispensable contributors to science and technology communities, emphasizing the need to fortify and amplify their participation. Amidst the celebration, the day stands as an advocate for bolstering the involvement of women and girls in the scientific domain, underscoring their critical role in shaping the future. The programme lasted for 2 hours.



## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022

#### AWARENESS SESSION ON SELF DEFENSE AND ITS IMPORTENCE

#### ACTIVITY REPORT

DATE: 25/11/21 AT 10 AM TO 11 AM

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Mr. Hussain P,SI, Mukkam Police Station

KMCT College of Nursing conducted an awareness session on Selfdefense and its Importance as a part of international day for the elimination of violence against women. The programme was conducted well by the presence of Mr. Hussain, SI, Mukkam Police station. He spoke regarding the importance of self-defense and demonstrated some self-defense methods to the students. He emphasized the violence in health care settings and thus Training health providers and improving system readiness to provide quality care are key aspects of a health systems response to violence against women. The health sector needs to be able to provide safe, effective, survivor-centered care. Pro. R Mageswari, principal of KMCT Nursing College has done the role of presidential address and she said People reserve the right to protect themselves when they are assaulted, or they feel at serious risk and it is important to provide self-defense training to ensure their safety and security. Self-defense training is a life skill that helps to be more aware of their surroundings and be prepared for the unexpected at any time. Through the self-defense training, the people are taught to become psychologically, intellectually and physically strong enough to protect themselves in times of distress. The programme lasted for one hour.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR2021-2022

#### DISCUSSION ON HORMONAL AND BEHAVIORAL CHANGES INADOLESCENCE

#### ACTIVITY REPORT

DATE: 12/08/2021 at 2pm to 4 pm

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Prof. Shine Thomas, HOD Mental Health Nursing Department,

KMCT College of Nursing

KMCT College of Nursing conducted a discussion on Hormonal and Behavioral changes in adolescence as apart of gender equality sensitization programme. The programme was inaugurated by Prof. R Mageswari, Principal of KMCT Nursing College. Prof. Shine Thomas, HOD Mental Health Nursing Department, KMCT College of Nursing has delivered an amazing speech on the topic. She emphasized regarding the hormonal and behavioral changes in the period of adolescence. Additionally, Teen hormones affect not only adolescents' bodies and minds, but also their behavior. Peer pressure, low self-esteem, and raging hormones can lead teens to take chances and engage in risky behaviors that could have a negative effect on their future. Therefore, as children enter their teenage years, it's important for them to have a support system they can rely on. Their parents, siblings, therapists, teachers, and coaches can provide wisdom and guidance as teens navigate this challenging, exciting time in their lives. The programme lasted for two hours.

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ignature of the Principal

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR2021-2022

## ONLINE WEBINAR ON WOMEN'S REPRODUCTIVE HEALTH ANDWELLNESS

DATE: 30/07/2021 AT 11AM TO 12 PM

VENUE: Webinar

SPEAKER: Prof. RakhiSeban, HOD of OBG Nursing, KMCT College of Nursing

KMCT College of Nursing conducted an online webinar on Women's reproductive health and wellness as a part of gender sensitization programme. The programme was inaugurated by Prof. R Mageswari. Prof. RakhiSeban, HOD of OBG Nursing, KMCT College of Nursing was the speaker of the programme. She enlightened the topic with amazing explanations. She emphasized that A woman's reproductive system is a delicate and complex system in the body. It is important to take steps to protect it from infections and injury, and prevent problems including some long-term health problems. She enlisted the importance of reproductive health which includes prevention of STIs, contribution to family planning, early detection of reproductive cancers, sexual education, and the positive impact on the economy through informed decisions about workforce participation by women. The programme lasted for one hour.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2021-2022 ONLINE WEBINAR ON LIFE OR MODERN LIFESTYLE

#### ACTIVITY REPORT

Venue: KMCT COLLEGE OF NURSING AUDITORIUM

Date: 21.06.2021

Speaker: Mrs. Nithya Ashok

An online webinar on Yoga was conducted on 21.06.2022 at KMCT College of Nursing. As part of a programme a zoom Yoga demonstration and webinar related to the topic life or modern life style was conducted. Prof. R Mageswari, principal KMCT College of nursing inaugurated the functions and delivered Yoga message for students. Mrs. Nithya Ashok, certified yoga trainer, Kerala yoga association, Calicut demonstrated yoga mudras and all the students and faculties practiced the sitting and standing Asanas and explained the importance of diet in daily life. The theme of yoga day was yoga for wellness. PROF.Mrs.R. Ambika.C. Vice principal, Kmct College of Nursing felicitated the programme. Fourty two students from Third year BSc nursing and 4 teachers participated in the event. In total it was an outstanding session.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2022-2023 TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD





TALK ON IMPORTANCE OF YOGA IN CHANGING WORLD



#### GENDER EQUITY SENSITIZATION PROGRAM

#### FOR ACADEMIC YEAR 2020-22

TALK ON 'Women in leadership: Achieving an equal future in a COVID-19 world."

#### ACTIVITY REPORT

Venue: KMCT College of Nursing Auditorium

Date: 08.03.21

Speaker: Adv. Mr. Sreenath, Former Municipal Corporation Councilor, Social Activist,

Kozhikode

International women's day program was conducted on 8 th march 2021 at 11 am. The guest of hour of this program was advocate Mr. Sreenath, formal municipal corporation councilor, Kozhikode, social activist. The welcome speech was given by Prof. Ambika.C, vice principal and the presidential address was done by Prof. R. Mageswari, Principal, KMCT College of Nursing. This year, the theme for International Women's Day is "Women in leadership: Achieving an equal future in a COVID-19 world," celebrates the tremendous efforts by women and girls around the world in shaping a more equal future and recovery from the COVID-19 pandemic and highlights the gaps that remain.3" Year Bsc Nursing students did a skit on women empowerment like protection of women, the need of women's education. The faculties and nursing students were encouraged by our students and are expecting like this in near future. The vote of thanks was given by prof. Steffy John and the program ended at 12.30 pm.

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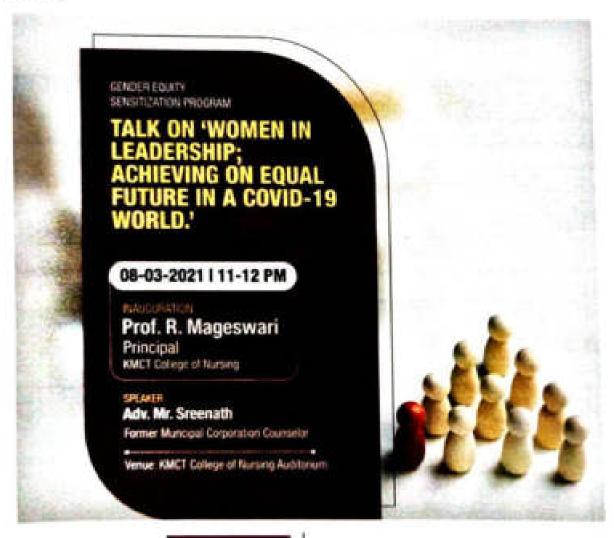


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#### GENDER EQUITY SENSITIZATION PROGRAM

Brochure of Talk On 'Women in leadership: Achieving an equal future in a COVID-19 world,"





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## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2020-2021

## ONLINE WEBINAR ON WOMENS EQUALITY- "EMPOWER WOMEN AND EMBRACE EQUITY"

#### ACTIVITY REPORT

DATE: 08/01/2021 10 am to 11 am

VENUE: Webinar

SPEAKER: Smt. Ushadevi P, President, KNMC Speaker

KMCT College of Nursing conducted online webinar on Women's Equality- "Empower women and Embrace Equity " as a part of international women's day. While inaugurating the programme, Pro. R Maheswari enlightened that Women's empowerment is a critical aspect of achieving gender equality. It includes increasing a woman's sense of self-worth, her decision-making power, her access to opportunities and resources, her power and control over her own life inside and outside the home, and her ability to effect change. Smt. Ushadevi emphasized that we should foster a meritocratic environment where anyone, regardless of gender, can succeed and amplifies the ability of people to thrive, collaborate to the full, and be resilient. The programme lasted for one hour.

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#### ACADEMIC YEAR 2020-21

Online webinar on Issues and Challenges Regarding Safety of Women and Girls in The Digital Era and Preventive and Protective Mechanisms On Gender Based Violence

Date- 03-12-2020

Venue-Online Zoom webinar

Speaker- Prof. R. Mageswari, Principal, KMCTCON, Prof. Dr. Amika. C, Vice Principal, KMCTCON

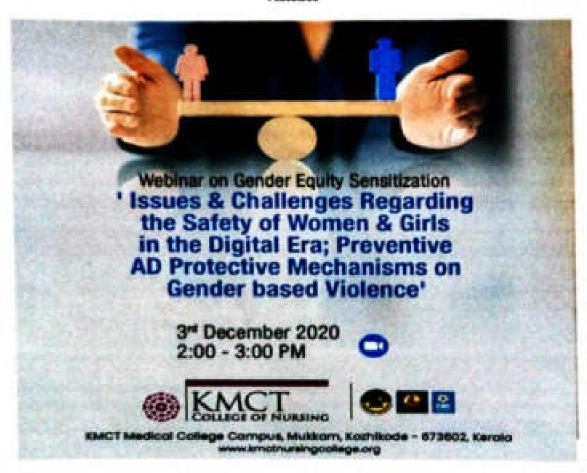
A Gender Sensitization Workshop was organized by the Department of mental health nursing, KMCTCON on 3rd December 2021 through online zoom platform at 11.30 Am. The webinar deliberated on the issues and challenges regarding the safety of women and girls in the digital era and preventive and protective mechanisms on gender based violence. The first session of the workshop was delivered by Prof. R. Mageswari, Principal who provided an overview of crimes against women and also discussed on other special laws for women. She underlined how crimes against women are also a violation of the right to life. She also touched upon Prevention of Sexual Offences against Children, Protection of the Rights of Trans genders and the Domestic Violence, she also discussed elaborately on sexual harassment of women at the workplace providing a number of case studies as well the second session was conducted by Dr. Amika .C she discussed about cyber space and its unique characteristics because of which we fall victim to it many at times because of its anonymous nature and thus prevention is better than cure. She provided a number of measures on how to be safe in the cyber space and warned that the digital space is never a 100 percent fool proof system. Due to the unique characteristics of the cyber space and its mode of operation a number of criminal activities casily take place in the digital world. Around 50 students and faculty members participated in the webinar. The webinar ended at 1.pm.

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Brochure of Online webinar on Issues and Challenges Regarding Safety of Women and Girls in The Digital Era and Preventive and Protective Mechanisms On Gender Based Violence





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#### GENDER EQUITY SENSITIZATION PROGRAM

Online webinar on Issues and Challenges Regarding Safety of Women and Girls in The Digital Era and Preventive and Protective Mechanisms On Gender Based Violence



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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2020-2021

#### ONLINE WEBINAR ON ANTI-SEXUAL HARRASSMENTS

#### ACTIVITY REPORT

DATE: 25/11/2020 AT 10 AM TO 11 AM

VENUE: Webinar

SPEAKER: Pro. R Maheswari, Principal KMCT College of Nursing

KMCT College of nursing conducted an online webinar on Anti-sexual harassments as a part of gender sensitization programme. During the programme Pro. R Maheswari, Principal KMCT College of Nursing said regarding the importance of prevention of sexual harassments towards all gender. She said that Sexual violence is a widespread problem. It happens in every community and affects people of all genders and ages. Nearly one in five women and one in 71 men are victims of rape. Sexual violence is defined as any sexual activity where consent is not freely given. Even for those of us who don't directly experience it, we are all impacted by sexual violence because of how it affects communities and society especially survivors and their loved ones. The programme lasted for one hour. Additionally, it's important to listen and communicate without judgment. If they seek medical attention or make plans to report the assault, offer to be there for them and provide a supportive presence. Encourage the victim to get support from resources such as hotlines and sexual violence awareness/prevention organizations.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2020-2021

ONLINE PERSONALITY DEVELOPMENT PROGRAMME-"EQUAL PARTICIPATION OF BOYS AND GIRLS IN DECISION MAKING"

ACTIVITY REPORT

DATE: 29/04/2020 at 11 am to 12pm

VENUE: Webinar

SPEAKER: Prof. Jasna, Vice principal KMCT College of Nursing

KMCT College of Nursing conducted an online personality development programme enlightening the topic "Equal participation of boys and girls in decision making". Prof. Jasna, Vice principal KMCT College of Nursing said that Achieving gender balance in decision-making requires more than just increased representation. Ensuring that an appropriate number of women are on committees should be accompanied by measures to examine decision-making processes to ensure decisions consider gender issues and women are empowered to take an equal role. Equal participation of men and women in political affairs makes governments more representative of the composition of society; it makes them more accountable and transparent, and ensures that the interests of women are taken into account in policy-making. Women, however, have traditionally been excluded from power and decision-making accounts. The programme lasted for one hour.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2019-2020

#### AWARENESS PROGRAMME ON MENSTRUAL HYGEINE- "LETS TALK PERIODS: MENSTRUAL HYGEINE MATTERS".

#### ACTIVITY REPORT

DATE:08/03/2020 at 3pm to 4 pm

VENUE: Webinar

Speaker: Prof. RAKHI SEBAN

KMCT College of Nursing conducted an awareness programme on Menstrual Hygiene – "Lets Talk Menstrual Hygiene: Hygiene Matters". The programme was conducted in online platform and it's lasted for one hour. The highlight of the programme was speech of Pro. Rakhi Seban. She spoke about Good menstrual health and hygiene which practices can prevent infections, reduce odors, and help you stay comfortable during period. Additionally, she emphasized regarding the importance of accessing menstrual products such as many types of menstrual products to absorb or collect blood during your period, including sanitary pads, tampons, menstrual cups, menstrual discs, and period underwear. Positive responses from the audience were huge throughout the programme.

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# FOR ACADEMIC YEAR 2019-2020 TALK ON STRESS MANAGEMENT ACTIVITY REPORT

DATE: 21-10-2019

VENUE: KMCT COLLEGE OF NURSING AUDITORIUM

Speaker : Prof. R. Mageswari , Principal , KMCT College Of Nursing

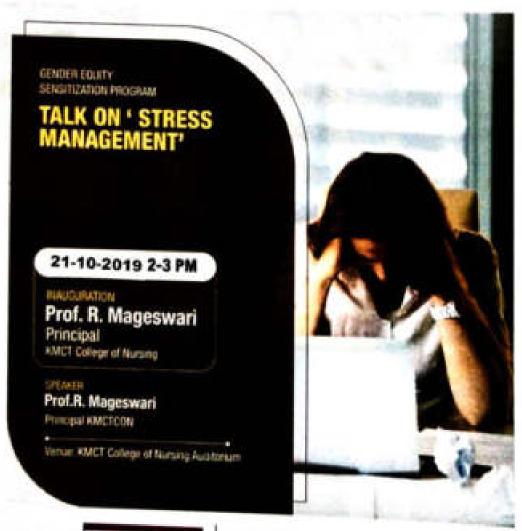
A Talk on stress management was conducted atKMCT College of Nursing on 21st of June, 2019. The event began with a brief introduction by vice principal prof. Jasna and Principal, Prof. R. Mageswari gave an enlightening talk on Stress Management. The theme of that year's event was "Yoga for Heart". In her talk she stated that stress is due to external pressure and inability to cope with it. She educated the gathering on various ways to cope up with stress and its management and thus live a healthy life. She encouraged students to practice regular yoga to remain fit and improve concentration. The function ended with a vote of thanks by Mrs. RakhiSeban, Assistant Professor, Obstetrical and Gynecological Nursing.

Signature of the Principal





#### GENDER EQUITY SENSITIZATION PROGRAMME BROCHURE OF TALK ON STRESS MANAGEMENT





KMCT Medical Callege Campus Mukkom, Korhikode - 673602, Kero



#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2019-2020

#### AWARENESS PROGRAMME ON COMMON GYNACOLOGICAL DISORDERS IN COLLEGE STUDENTS – "GO FOR AWARENESS, ACTION, HOPE, LIFE"

#### ACTIVITY REPORT

DATE: 20/09/2019 at 2pm to 3pm

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Pro. Dr. Chellamma, Dept. of OBG, KMCT Women and Child

Hospital

KMCT College of Nursing conducted an awareness programme on common gynecological disorders in college students-" GO For Awareness, Action, Hope, Life as a part of World Gynaecologic Oncology Day. The programme was aimed to promote health education among women and extend the benefits of educational and health-related programs to the local community. The main speaker of the programme was Pro. Dr. Chellamma, Dept. of OBG, KMCT Women and Child Hospital. She spoke that It is very important to maintain the gynaecological health of women as almost every woman suffers from some sort of gynaecological problem at least once in her life. Additionally, she emphasised its identification, treatment a well as the prevention. The programme lasted for one hour.

Signature Of the Principal

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## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR2019-2020

#### ONLINE WEBINAOR ON BREAST FEEDING-" EMPOWER PARENTS, ENABLE BREAST FEEDING"

#### ACTIVITY REPORT

DATE: 05/08/2019 at 3pm to 4 pm

VENUE: Webinar

SPEAKER: Pro. Dr Chellamma, HOD Dept.OBG, KMCT HOSPITAL

KMCT College of Nursing organized and conducted an online webinar on Breast feeding-"Empower Parents, Enable Breast feeding" as a part of World Breastfeeding Week. The programme aims to highlight the huge benefits that breastfeeding can bring to both the health and welfare of babies, as well as a wider push for maternal health, focusing on good nutrition, poverty reduction and food security. The speaker of the programme was Pro. Dr Chellamma, HOD of Dept. OBG. She raised awareness of the health and wellbeing outcomes of breastfeeding and the importance of supporting mothers to breastfeed. The programme lasted for one hour.

Signature Of the Principal



#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2019-2020

#### TALK ON ERADIATING STIGMA AGAINST TRANSGENDER INDIVIDUALS

#### ACTIVITY REPORT

DATE:31/07/2019 at 2pm to 3pm

VENUE: KMCT College of Nursing Auditorium

Prof. JASNA, Vice principal KMCT College of Nursing

KMCT College of Nursing conducted a Talk on Eradiating Stigma against Transgender individuals. Prof. Jasna initiated the programme with her incredible speech enlightening Stigma prevention and coping interventions hold promise for reducing stigma and its adverse health-related effects in transgender populations. hanging attitudes have allowed transgender people to become more visible in society. However, the increased visibility of transgender people also highlights the high prevalence of adverse health outcomes that exist in some transgender communities. The programme lasted for one hour.

Signature Of the Principal





## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2018-2019

#### SEMINAR ON GENDER BALANACE- "BALANCE FOR BETTER: MAINTAINING GENDER BALANCE FOR BETTER WORLD"

DATE: 12/05/2019 at 11am to 12 pm

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Pro. R. Maheswari, Principal of KMCT Nursing College.

KMCT College of nursing conducted a seminar on Gender Balance"Balance for Better: Maintaining Gender Balance for Better world" as a part of
International Mother's Day. The programme was started at 11 am with an excellent
speech of Pro. R. Maheswari. She spoke regarding equal ease of access to resources
and opportunities regardless of gender, including economic participation and
decision-making; and the state of valuing different behaviors, aspirations and needs
equally, regardless of gender. She highlighted that Gender equality is more than just
equal representation, it is strongly tied to women's right, and often requires policy
changes. On a global scale, achieving gender equality also requires eliminating
harmful practices against women and girls. The programme lasted for one hour.

Signature of principal





#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2018-2019

#### AWARENESS PROGRAMME ON RIGHTS OF WOMEN AND CHILDREN-"EQUAL RIGHTS, EQUAL VOICES: ADVOCATING FOR WOMEN AND CHILDREN"

#### ACTIVITY REPORT

DATE: 08/03/2019 AT 2PM TO 3PM

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Prof. JASNA, Vice principal KMCT College of Nursing

KMCT College of Nursing conducted an awareness session on rights of women and children- "Equal rights, equal voices: Advocating for women and Children's as a part of international women's day celebration. Prof. Jasna delivered a speech involving Advocacy of women's rights based on the equality of the sexes is a long-standing and important goal. Women's rights advocates believe that women should have equal rights to men in all areas of private and public life, including education, employment, and political participation. The programme extended from 2pm to 3pm. The program ended with the vote of thanks from Mrs. Dona, Assistant Professor, on behalf of KMCT Nursing College.

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#### GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2018-2019

# AWARENESS PROGRAMME ON GENDER EQUALITY IN HEALTH CARE SYSTEM- "CLOSING THE GENDER GAP IN HEALTH CARE IN THE HEALTH CARE SYSTEM"

#### ACTIVITY REPORT

DATE: 11/10/2018 at 2pm to 3 pm

VENUE: KMCT College of Nursing Auditorium

SPEAKER: Prof. Mageswari

kMCT College of Nursing conducted a Gender equality awareness programme on Closing the gap in health care system. The programme started at 2pm with an excellent speech by Prof. Mageswari. She emphasized that Gender equality requires equal enjoyment by women and men of socially-valued goods, opportunities, resources and rewards. Where gender inequality exists, it is generally women who are excluded or disadvantaged in relation to decision-making and access to economic and social resources. Additionally, she enlighten that women and men are on an equal footing to fully exercise their rights and potential to be healthy, contribute to health development, and benefit from outcomes. Achieving gender equality requires concrete measures to eliminate gender inequities.

Signature Of the Principal





## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2018-2019

TALK ON 'Women in the changing world of work: Planet 50-50 by 2030'

#### ACTIVITY REPORT

DATE: 08.08.2018

VENUE: KMCT COLLEGE OF NURSING AUDITORIUM

SPEAKER: PROF.JASNA, Vice Principal, KMCT College of Nursing

On 8th March 2018, KMCT College Of Nursing celebrated women's day at KMCT college of nursing auditorium from 10 am to 12 PM. The programme was inaugurated by Prof.R. Mageswari, Principal, KMCT College of Nursing.Prof.Jasna, Vice Principal, Facilitated the event and delivered the Women's day message for the students. The theme of the programme was Women in the changing world of work: Planet 50-50 by 2030. This day marked the demand of strong rights for women including the right to vote, to hold public office and a voice against employment and sex discrimination. Students of Second Year Bse Nursing participated in the event.

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## GENDER EQUITY SENSITIZATION PROGRAMME FOR ACADEMIC YEAR 2018-2019

TALK ON 'Women in the changing world of work: Planet 50-50 by 2030'

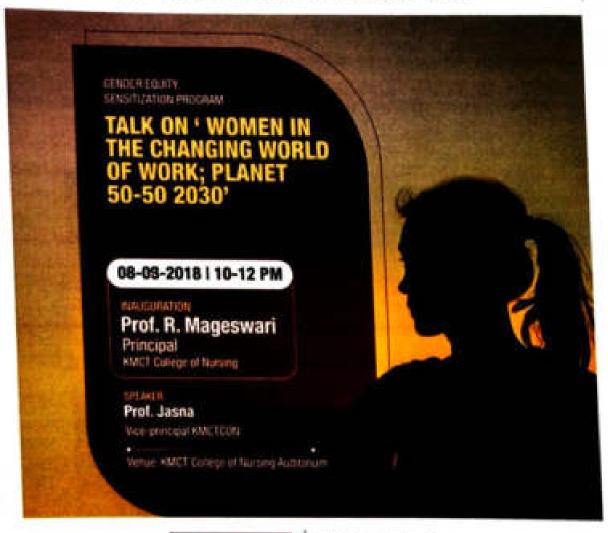


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#### GENDER EQUITY SENSITIZATION PROGRAMME





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# GENDER EQUITY SENSITIZATION PROGRAMME

# FOR ACADEMIC YEAR 2018-2019

# TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES

## ACTIVITY REPORT

DATE: 21.06.2018

VENUE: KMCT COLLEGE OF NURSING AUDITORIUM

SPEAKER: PROF.R. MAGESWARI, PRINCIPAL, KMCT COLLEGE OF NURSING

International Yoga Day was observed in KMCT college of nursing on the 21st of June, 2018. The program started with vice principal prof. Jasna introduced the concept of International Yoga Day and the theme Yoga for Peace. The Principal Prof. R. Mageswari gave a short speech on the importance of yoga and different yoga exercises starting with the Surya Namaskar or Sun Salutation. The yoga session saw the active participation of the students and faculty of the college. The program ended with the vote of thanks from Mrs. Dona, Assistant Professor, on behalf of KMCT Nursing College.

Signature of the Principal





#### GENDER EQUITY SENSITIZATION PROGRAMME

### FOR ACADEMIC YEAR 2018-2019

# TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES





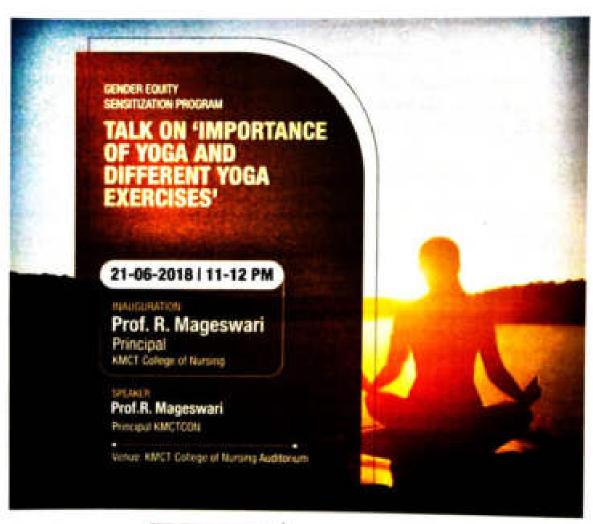
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# GENDER EQUITY SENSITIZATION PROGRAMME

# FOR ACADEMIC YEAR 2018-2019

Brochure on TALK ON THE IMPORTANCE OF YOGA AND DIFFERENT YOGA EXERCISES





KMCT Medical College Campus Multiam, Korhitade - 873902, Kerala www.hmctrursingcollege.org

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Total number of gender equity sensitization programmes organized by the Institution during the last five years

Response: 23

2022-23	2021-2022	2020-2021	2019-2020	2018-2019
5	4	4	5	5

KMCT has a conducive environment for gender equity, amply reflected in composition of students

(Male/Female(M/F) ratio-1:4.9), teachers (M/F-1:9) and other staff (M/F-1:4).

- There is no gender discrimination in curricular and co-curricular activities.
- Equal opportunities are given to both genders; ability and performance are the only criteria for selection to governance committees

#### Gender sensitization through:

- 1. Curricular activities:
- Admissions: There is no gender discrimination shown in selecting students to any of the Programs.
- Academic: Topics on gender-related issues and sexuality included in Curricula.
- UG curriculum: Modules for integrating gender in nursing education prepared by INC have been adopted in nursing subjects.

#### 2. Co-curricular activities:

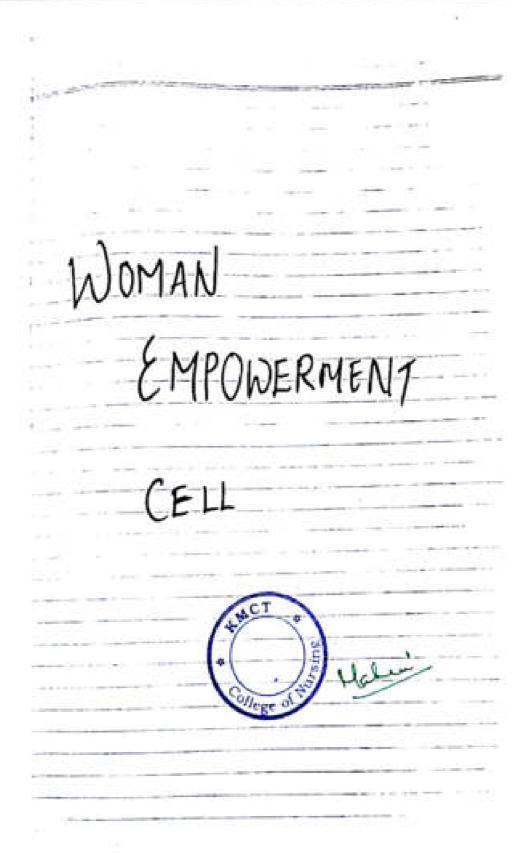
# Gender equity promotion activities

- There are promotional activities organized by various batches.
- Conducted interactive sessions as a part of International Yoga Day Programme are organized for students, teaching and non teaching staff.



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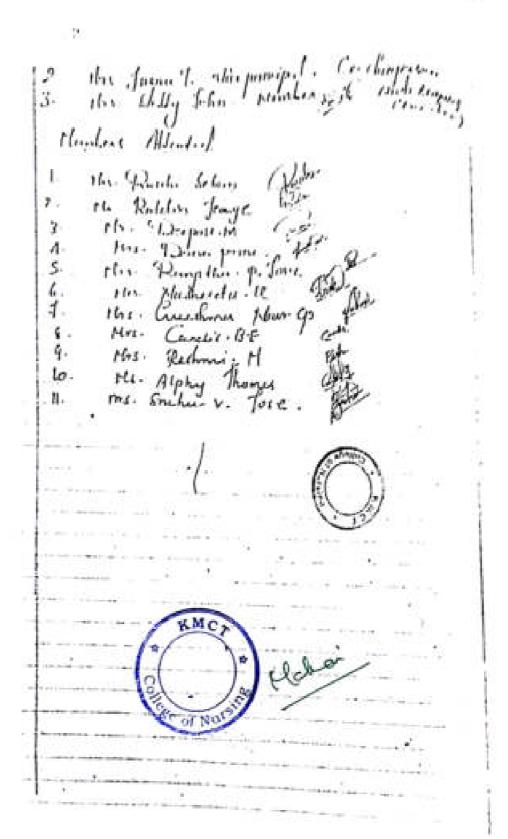


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KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

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Recognized by Indian Nursing Council & Kerala Nurses and Midwives Council & affiliated to Kerala University of Health Sciences

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Email:nursing@kmct.edu.in Website: https://www.kmctnursingcollege.org/



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# ENVIRONMENT CONSCIOUSNESS



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# SWACHH BHARATH ABHIYAN









FACTOR AND COLUMN WATER CO.

As per the intimation received from Indian Nursing Council to clean the beach side as a part of "Azadi Ka Amruth Maholsav", 48 second year BSc Nursing students along with principal. Vice Principal and five other faculty members went to vellayil beach on 17/09/2022 at 7.00 am. The programme was officially inaugurated by principal Prof.R Mageswari, students segregated plastic and non-plastic waste and cleaned 2km beach side till 11:30 am. The photos were oploaded in the Econithram Application. The cleaning was finished by 11:30 am and returned to the college by 12:00pm.



Prof. MAGESWARI R

Distriction

WMCT College of Nursing

Managatry, Kothikode - 672 662









Prof. MACE SWAPE R
Paincipal
KMCT College of Nursing
Manassery, Kozhikode - 673 602



# WORLD ENVIRONMENTAL DAY



June 5th world Environmental Day was observed at KMCT College of Nursing on 6.06.2022, Prof.R Mageswari, Principal planned a sapling at front yard of college. Poster presentation regarding world environment day was done by 75 students from first year BSc Nursing



Prof. MAGESWARI R Principal (MCT College/of Nursing namery, Coshikode - 573 502

KMCT Medical College Campus

...Kozhikode-673602.Kerala





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Prof. MAGESWARI R Principal KMCT College of Nursing Manassery, Kozhikode - 673 602





# WORLD ENVIRONMENTAL DAY

World Environmental Day observance and implementation of Green Protocol. KMCT College of Nursing observed world environmental day on 6th June 2018 with the theme Connecting People to Nature and initiated one month campaign for green protocol and plantation of tree saplings were organized in the occasion. A poster making competition was also organized on the same day

Nelser



Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Koshikoda - 673 602



# ECO CLUB



Halen



# StandardOperatingProcedures(SOP)

#### ECO CLUB

Eco Clubs play an important role in creating environmental awareness amongst the future generation. In our college we have an eco-club which plays an important role in creating environmental awareness amongst the future generation and performs activities to save the environment, like planting trees, organizing poster, competitions on various environmental issues.

Eco club is a voluntary group which promotes the participation of students in learning about, and improving their environmental means by which students and youth can organize themselves to learn more and this issue, and also take action to improve their immediate environment.

#### Objectives of Eco Club:-

- · To educate the students about their environment.
- To create a clean and green consciousness among students through various innovative methods.
- · To mobilize students towards scientific enquiry into environmental problem.
- To involve them in efforts to preserve environment.
- To motivate students how to imbibe habits and life style for minimum waste generation.

#### Procedure:

Organization Formation & Operation-

- Announcements Faculty coordinator should submit proposal to the Principal and IQAC for Approval of club for the academic year.
- Nominations: The nominations are taken from fellow classmates and seniors in mid december

This is the best time to encourage students to sign up for your club. Clube AMC2 may sign up members at any time while the year active.

Chair person: The club moderator shall be involved in the scheduling (times, locations, etc.) of club meetings, Club members are to submit the tentative plan of event, date, and budget to the secretory. Secretary then presents the proposal to the Principal and IQAC. Coordinators must also be present at all official club meetings, events, activities, etc

Meetings: Club volunteers are required to meet at least one (1) time per 3month and are to the as the requirements of conducting the activities/events.

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

Email:nursing@kmct.edu.inWebsite: https://www.kmctnursingcollege.org/





#### Volunteer member/President:

- a. Shall create a form for Members to indicate interest in those committee(s) they would like to serveon.
- Shall select volunteers for events/activities and make the names available to Committee chairs.
- c. Shall maintain the Club's inventories
- d. Shall be responsible for taking of attendance during the activities.

#### The activities include:

- Motivate the students to keep the surroundings green and clean by undertaking plantation of trees.
- 2. Promote ethos of conservation of water by minimizing the use of water.
- Motivate students to imbibe habits and lifestyle for minimum waste generation, source separation of waste and disposing the waste to the nearest storage point.
- Educate students to create awareness amongst public and sanitary workers, so as to stop the indiscriminate burning of waste which causes respiratory diseases.
- Sensitize the students to minimize the use of plastic bags, not to throw them in public places as they choke drains and sewers, cause water logging and provide breeding ground for mosquitoes.
- Organize tree plantation programmes, awareness programme regarding various environmental issues and educate children about re-use of waste material & preparation of products out of waste.

Eco club can thus help to extend boundaries and scope of the formal educational system encouraging creativity, and improving students for construct iveaction.



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# CIRCULAR FOR ECOCLUB MEETING

Date :-10/08/23

Venue :-Principal office

# Agenda of the meeting

- 1. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

# Members of the committee

SI no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Kalen
2.	Mrs. Shamna K	Lecturer	est of
3.	Mrs. Swetha Anand	Lecturer	8mm
4.	Mrs. Saudath	Tutor	Zonald
5.	Ms .Ashitha	Tutor	A Title

Signature of Secretary

Signature of the Chairperson

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

Email: <u>marsing/@kmct.edu.in</u> Website: https://www.kmctnursingcollege.org/





#### MINUTES OF ECO CLUB MEETING

Date:10/08/23

Venue :Principal office

# Agenda of the meeting

- 1. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

#### Members present

Chairperson Mrs.Mageswari welcomed all the members to the meeting and requested the secretory of the meeting to read out the agenda

# Members of the committe

Members	Designation	Signature
Prof.R Mageswari	Principal Chairperson	Maleur
Mrs. Shamna K	Lecturer ,Secretory	dest
Mrs. Swetha Anand	Lecturer	a Later
Mrs. Saudath	Tutor	KACA CORONAL
Ms .Ashitha	Tutor	)
	Prof.R Mageswari  Mrs. Shamna K  Mrs. Swetha Anand  Mrs. Saudath	Prof.R Mageswari Principal Chairperson  Mrs. Shamna K Lecturer ,Secretory  Mrs. Swetha Anand Lecturer  Tutor

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Discuss the previous programme implementation, participation and congratulate the members for making a success one
Chairperson gave instruction about present programme
Members share their opinion to make this programme success one
Secretory divide and gave the duties and responsibilities to each members
Instruct to make a plan for the programme

MRS: Shamna K.

SECRETARY

Place: Massassery

Date: 10/08/23

Prof.R Mageswan



# CIRCULAR FOR ECOCLUB MEETING

Date :-01/05/23

Venue :-Principal office

# Agenda of the meeting

- 1. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

#### Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Police
2.	Mrs. Shamna K	Lecturer Secretary	sigh
3.	Mrs. Swetha Anand	Lecturer	Brette-
4,	Mrs. Saudath	Tutor	Zaud
5.	Ms .Ashitha	Tutor	18 Letter

Signature of Secretary

Signature of the Chairperson

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

Email:nursing@kmct.edu.inWebsite: https://www.kmctnursingcollege.org/



# MINUTES OF ECO CLUB MEETING

Date:01/05/23

Venue :Principal office

# Agenda of the meeting

- 1. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

## Members present

Chairperson Mrs.Mageswari welcomed all the members to the meeting and requested the secretory of the meeting to read out the agenda

#### Members of the committe

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Holeir
2.	Mrs. Shamna K	Lecturer ,Secretary	suge
3.	Mrs. Swetha Anand	Lecturer	Que de la companya della companya de
4.	Mrs. Saudath	Tutor	Aonid
5.	Ms . Ashitha	Tutor	KMC,

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SL:NO Discussion			
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3.	Members share their opinion to make this programme success one		
4,	Secretory divide and gave the duties and responsibilities to each members		
5.	Instruct to make a plan for the programme		

Mah

Prof.R. Mageswari

SECRETARY

CHAIRPERSON

Place: Manassery

MRS: Shamna K

Date:



KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

Email: nursing@kmct.edu.in Website: https://www.kmctnursingcollege.org/





#### REPORT OF ACTIVITIES

Tree Plantation Drive: In June 5° 2023

Tree Plantation Drive: In June 5\* 2023, the ECO Club organized a tree plantation drive in collaboration with KMCT Medical college, Trees were planted. This initiative aimed to enhance green cover, combat climate change, and promote a healthier environment.

The activities organized by chair person and all members of the eco club .10 students from each batch were participated in this programme.



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# CIRCULAR FOR ECO CLUB MEETING

Date :-25/05/22

Venue :-Principal office

Time:-

# Agenda of the meeting

- I. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

#### Members of the committee

SI no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Holes
2.	Mrs. Shibili Abraham	Asso Prof , Secretory	30/
3.	Ms. Athira PM	Lecturer	M. Contraction
4.	Mrs. Amalu	Tutor	And
5.	Ms .Silpa PV	Tutor	R. C. W.

Signature of Secretary

Signature of the Chairperson

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

Email:nursing@kmct.edu.inWebsite: https://www.kmctnursingcollege.org/



#### MINUTES OF ECO CLUB MEETING

Date:25/05/22

Venue :Principal office

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2.	Mrs. Shibili Abraham	Asso Prof, Secretory	30/
3.	Ms. Athira PM	Lecturer	Office of the second
4.	Mrs. Amalu	Tutor	KMC Andler.
5.	Ms .Silpa PV	Tutor (2)	The ser

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5.	Instruct to make a plan for the programme	

Mrs..Shibili Abraham

SECRETARY

Place: Manassery

Date:25/05/22

Howar

Prof.R Mageswari

CHAIRPERSON





#### REPORT OF ACTIVITIES

## TREE PLANTATION AND VEGETABLE SEEDLING

DATE-05/06/22

As a part of world environment day celebration, on June 5\* 2022, KMCT College of Nursing staff and students in association with Eco club and IQAC has planted tree saplings and vegetable seedling at campus of KMCT CON, including brinjal, spinach, pineapple, ladies' finger, tomato, green chilly etc.

The environment day theme was "Living in harmony sustainably with nature #only one Earth". And we removed all the plastic waste from campus and we made the campus a plastic free campus. And started the campaign of green campus and started the work to enhance the previously started garden.



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#### CIRCULAR FOR ECO CLUB MEETING

Date :-25/05/21

Venue :-Principal office

#### Agenda of the meeting

- 1. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

#### Members of the committee

Members	Designation	Signature
Prof.R Mageswari	Principal Chairperson	John John John John John John John John
Mrs. Shibili Abraham	Asso Prof, Secretory	80
Ms. Athira PM	Lecturer	189
Mrs. Amalu	Tutor	Amada.
Ms .Silpa PV	Tutor	4
	Mrs. Shibili Abraham  Ms. Athira PM  Mrs. Amalu	Mrs. Shibili Abraham Asso Prof , Secretory  Ms. Athira PM Lecturer  Mrs. Amalu Tutor

Signature of Secretary

Signature of the Chairperson

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#### MINUTES OF ECO CLUB MEETING

Date :25/05/21

Venue : Principal office

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1.	Prof.R Mageswari	Principal Chairperson	Hodean
2.	Mrs. Shibili Abraham	Asso Prof , Secretory	30
3.	Ms. Athira PM	Lecturer	MARC
4.	Mrs. Amalu	Tutor	Jada,
5.	Ms .Silpa PV	Tutor	

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5.	Instruct to make a plan for the programme

Mrs. Shibili Abraham

SECRETARY

Place: Manussery

Date:25/05/21

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Prof.R Mageswari





#### REPORT OF ACTIVITIES

#### TREE PLANTATION AND VEGETABLE SEEDLING

DATE-5/06/21

In honor of World Environment Day on June 5th, 2021, KMCT College of Nursing, in collaboration with the Eco Club and IQAC, conducted the following activities:

Tree and Vegetable Plantation: Students and staff planted tree saplings and vegetable seedlings on the campus to support ecosystem restoration. Trees were planted. This initiative aimed to enhance green cover, combat climate change, and promote a healthier environment.

The activities organized by chair person and all members of the eco club .10 students from each batch were participated in this programme.

Campus Cleaning: A thorough campus cleaning drive was undertaken to maintain cleanliness and hygiene.

Green Campus Campaign: The college initiated a "Green Campus" campaign to promote sustainability and eco-consciousness among the college community.

Garden Enhancement: Efforts began to improve an existing garden, adding to the greenery and visual appeal of the campus.

These activities showcased our commitment to environmental preservation, fostering a cleaner, greener, and more sustainable campus environment.

Holini

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## CIRCULAR FOR ECO CLUB MEETING

Date:-27/05/20

Venue :-Principal office

#### Agenda of the meeting

- 1. Review of previous programme
- 2. Plan present nature programmes
- 3. Delegation of duties to the members
- 4. Others

#### Members of the committee

Sl no	Members	Designation	Signature
I.	Prof.R Mageswari	Principal Chairperson	Payer
2.	Mr. Raldin George	Asst Prof , Secretory	Quest-
3.	Mrs.Candis	Lecturer	GP/
4.	Mrs. Shamna	Tutor	* KMC
5.	Mrs. Reshmi R	Lecturer	( · W

Signature of Secretary

Signature of the Chairperson

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040





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Date :27/05/20

Venue :Principal office

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SI no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Malmin
2.	Mr. Raldin George	Asst Prof , Secretory	0280
3.	Mrs.Candis	Lecturer	KMECAN
4.	Mrs. Shamna	Tutor	4
5.	Mrs. Reshmi R	Lecturer	DING

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Page

Mr. Raldin George

SECRETARY

Place: Manassery

Date:27/05/20

Prof.R Mageswari

CHAIRPERSON

KMC

or Nurs

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#### REPORT OF ACTIVITIES

## TREE PLANTATION AND VEGETABLE SEEDLING

DATE-05/06/2020

In celebration of World Environment Day on June 5th, 2020, KMCT College of Nursing, in collaboration with the Eco Club and IQAC, undertook the following initiatives:

Tree and Vegetable Plantation: Students and staff joined forces to plant tree saplings and various vegetables on the campus, promoting greenery and sustainable agriculture.

It's heartening to report that the initiatives undertaken on World Environment Day in June 2020 have continued successfully throughout the year with active participation from both faculty and staff



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#### CIRCULAR FOR ECO CLUB MEETING

Date :-09/09/20

Venue :-Principal office

#### Agenda of the meeting

- 1. Review of previous programme
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- 4. Others

#### Members of the committee

Sl no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Johnsey
2.	Mr. Raldin George	Asst Prof, Secretory	Reserve
3.	Mrs.Candis	Lecturer	Que -
4.	Mrs. Shamna	Tutor	dest
5.	Mrs. Reshmi R	Lecturer	( Carlo

Signature of Secretary

Signature of the Chairperson

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerula Phone: +91 495 2293040, Fax: +91 495 2295040





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3.	Mrs.Candis	Lecturer	we come
4.	Mrs. Shamna	Tutor	KMC, Light
5.	Mrs. Reshmi R	Lecturer g	)***

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Mr. Raldin George

SECRETARY

Prof.A Mageswari

\* CHAIRPERSON

Place: Manassery

Date:09/09/20

#### REPORT OF ACTIVITIES

### Plastic Pollution Solution and Green Campus Campaign

DATE:17/09/2020

Plastic Pollution Solution: Aligned with the theme of "solution to plastic pollution," the campus was cleared of all plastic waste, leading to the declaration of a plastic-free campus.

Green Campus Campaign: A "Green Campus" campaign was initiated to instill eco-consciousness among the college community and encourage environmentally friendly practices.

Garden Enhancement: Efforts commenced to improve an existing garden, further contributing to the campus's aesthetics and eco-friendliness.

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#### REPORT OF ACTIVITIES

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#### REPORT OF ACTIVITIES

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Phone: +91 495 2293040, Fax: +91 495 2295040
Email: nursing@tkmct.edu.in Website: https://www.kmctnursingcollege.org/



#### CIRCULAR FOR ECO CLUB MEETING

Date :-01/03/19

Venue :-Principal office

#### Agenda of the meeting

- 1.Review of previous programme
- 2. Plan present nature programmes
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- 4. Others

#### Members of the committee

SI no	Members	Designation	Signature
1.	Prof.R Mageswari	Principal Chairperson	Holier
2.	Mr. Raldin George	Asst Prof , Secretory	Rolling
3.	Mrs.Candis	Lecturer	Color I
4.	Mrs. Shamna	Tutor	susp
5.	Mrs. Reshmi R	Lecturer	Que .

Signature of Secretary

Signature of the Chairperson

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040



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1.	Prof.R Mageswari	Principal Chairperson	Roter
2.	Mr. Raldin George	Asst Prof, Secretory	Rose
3.	Mrs.Candis	Lecturer	See-
4.	Mrs. Shamna	Tutor	Joseph
5.	Mrs. Reshmi R	Lecturer	( Court )
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Mr. Raldin George

SECRETARY

Place: Manassery

Date:01/03/19

Prof.R Mageswari

KMC

CHAIRPERSON

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040





#### REPORT OF ACTIVITIES

#### TREE PLANTATION AND PLASTIC AWARENESS CAMPAIGN

DATE:05/03/19

ECO Club at KMCT College of Nursing was actively engaged in a series of impactful environmental initiatives and activities. Here is a summary of our key activities throughout the year:

Tree Plantation Drive: To enhance the green cover of our campus and promote biodiversity, we organized multiple tree plantation drives. Hundreds of tree saplings were planted by our dedicated members, students, and staff members.

Plastic Awareness Campaign: Recognizing the pressing issue of plastic pollution, we conducted a comprehensive awareness campaign throughout the year. This campaign included informational sessions on the harmful effects of plastic on the environment and strategies for reducing plastic usage.

Waste Management Initiatives: We actively participated in waste management efforts on our campus. We organized waste segregation drives, and recycling programs to minimize our environmental footprint.

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2.	Mr. Raldin George	Asst Prof, Secretory	Restant
3.	Mrs.Candis	Lecturer	Calle
4.	Mrs. Shamna	Tutor	KMCKLES
5.	Mrs. Reshmi R	Lecturer	(°C)

Signature of Secretary

Signature of the Chairperson

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2.	Mr. Raldin George	Asst Prof , Secretory	PART
3.	Mrs.Candis	Lecturer	California (
4.	Mrs. Shamna	Tutor	aug )
5.	Mrs. Reshmi R	Lecturer	Server Server

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(المرقول) Mr. Raldin George

SECRETARY

Place: Manassery

Date:01/06/19

Prof B.Mageswari
R.M.C.
CHATRPERSON



#### REPORT OF ACTIVITIES

# CLEAN-UP DRIVES AND CELEBRATION OF ENVIRONMENTAL DAYS

DATE:05/06/19

Clean-up Drives: Several campus clean-up drives were organized to maintain a clean and litter-free environment.

Celebration of Environmental Days: We actively celebrated World Environment Day, Earth Day, and other significant environmental observances. These celebrations included various events, exhibitions, and interactive activities.

Community Outreach: The ECO Club extended its efforts beyond the campus by engaging with local communities and schools. We conducted environmental awareness programs and activities to promote environmental consciousness in the broader community.

These activities throughout 2018-2019 reflect our ongoing commitment to environmental conservation and sustainability. The ECO Club at KMCT College of Nursing remains dedicated to promoting eco-consciousness and actively contributing to a cleaner, greener, and more sustainable environment.







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## GEOTAGGED PHOTOS -ALTERNATIVE SOURCES OF ENERGY

#### SOLAR ENERGY







# GEOTAGGED PHOTOS -ALTERNATIVE SOURCES OF ENERGY SOLAR LIGHTS







# GEOTAGGED PHOTOS -ALTERNATIVE SOURCES OF ENERGY

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# LED BULB PURCHASE ORDER-ACADEMIC YEAR :2021-2022





#### ELECTRICITY BILL AND LED INSTALLATION RECEIPTS

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KMCT Medical College Campus, Manussery, Mukkom, Kozhikode-673602, Kerala

Phone: +91 495 2293040, Fax: +91 495 2295040



# ELECTRICITY BILL-2022

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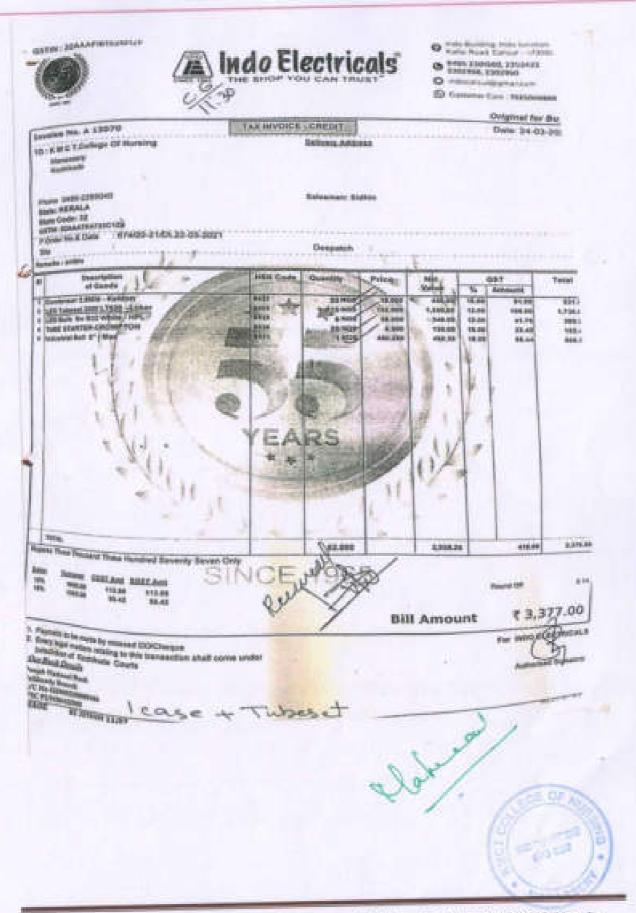
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# ACADEMIC YEAR :2019-2020









#### K.MLC.T

Corporate office: K.M.C.T.MEDICAL COLLEGE CAMPUS. MANASSERY (P.O).MUKKAM(vin).KOZHIKODE-673602, Phone: 0495-2295040, 2293040, Fax: 0495-2367443,

PAN No. AAATK4733C . GST No. 32AAATK4733C1Z6

#### PURCHASE ORDER

P.O. No:439/19-20 (Modified on 03/12/2019)

DATE: 29/11/2019

NAME OF COULTGE/SITE: K. M.C.T. Medical College & College of Norsing ..

Manussery, Calicut.

St PPLIFR: Omega Trade Links, 10/314, GF Asha Complex, PM Taj Road, Calicut.

RFF:Quatation No. A 3447, dt. 11/11/2019

MODE OF REQUEST: DIRECT/TELEPHONE/LETTER:

REQUEST MADE ON DATE: 06/11/2019

REQUEST MADE BY: Principal ( M.C., for P.M.K. Hostel ) & Principal ( C.O.N.)

APPROVED By:-DR.K.MLNAVAS

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Total

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KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040



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## **BIOETHICS**







# SYLLABUS

# BIOETHICS



# KMCT COLLEGE OF NURSING

MANASSERY, KOZHIKODE-673602







#### CONTENT

SI No	Content	Page No.
1	Course Description	5
2	Aims and Objectives	6
3	Courses Outline	7
4	Methods of Teaching and evaluation , Credentialing	8
5	References	9



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Placement: First Year PBBSc Nursing

Title: BIOETHICS

Course Code: KMCT ADD 006

#### COURSE DESCRIPTION:

Bioethics involves big picture moral dilemmas faced by the medical community.

Nursing ethics deal with individual ethical dilemmas that arise from situations between a care provider and patient. The field bioethics field wrestles with questions such as: What is the right thing to do?

The course involves an ethical discussion about common medical dilemmas in various circumstances. Afterthis course, students should have a breadth of knowledge concerning medical ethics in general and an evenmore profound understanding of some significant historical and contemporary debates, including freedom Of conscience, surrogate decision-making, and mandating vaccinations. In addition, students are expected todemonstrate their ability to engage in professional discussion

The course is scheduled over 1 day and will be organized as part of training programme of 1st Year PBBSc Nursing Students.



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#### AIMS AND OBJECTIVES

#### AIMS

The aim of this programme is to guide student nurses to identify ethical situations and to identify the ethical situations and act accordingly in there professional, social and personal life.

#### OBJECTIVES

This programme is intended to:

- Students should develop an in-depth understanding of several critical issues in contemporary medical ethics.
- Students should critically engage with the readings to identify potential problem.
- Students should begin to develop autonomous ideas about medical ethics to the point that they can defendtheir own opinions, ideally, opinions that are different from those already expressed in the literature.
- 4. Throughout the course, students should practice and improve upon, their ability to have philosophical discussions (online) with their classmates. Skills involved in this endeavor include the ability to critique theviews of others politely, and the ability to point out ways in which the ideas of others could be improved.



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#### COURSE OUTLINE:

SI No.	Learning Objectives	Content	Teaching learning activity
1	To explain the importance of bioethics in nursing	Introduction to bioethics  Definition biology bioethics health ethics professional ethics	Lecture cum discussion
2	Relate knowledge, freedom and conscience as a characteristic of a person	The human person  • the person hood  • human acts and acts of human  → knowledge  → freedom  → conscience	Lecture cum discussion
3	Describe the stages of a health care provider client relationship	The calling of the health care provider  • health care provider  • the client  • the health care profession  • health care provider-client relationship	Lecture cum discussion Demonstration
4	Explain and apply principles of First Aid during emergencies	First Aid Management III  Respiratory emergencies Basic CPR Unconsciouness	Lecture cum discussion Demonstration
5	Describe the qualities of a good health care provider to the client, society and its profession	<ul> <li>qualities and responsibilities of a good health care provider to the client, society and its profession</li> </ul>	Lecture cum discussion



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#### METHODS OF TEACHING

The core module for bioethics include Classroom teaching, discussion, group activity, role play. All the essential skills will be demonstrated to the students and practice sessions will be arranged

#### METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

#### CREDENTIALLING

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one Credit.



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#### REFERENCES

- Rohini T, Textbook of professionalism, professional values and ethics including bioethics for Nursing Students, 1<sup>st</sup> edition, vision publishers
- princy louis, et all "A textbook of bioethics for health professionals, Jay Pee Publishers
- Janie B Butts and Karen L Rich, Nursing erhics across the curriculum into practice, 6<sup>th</sup> edition
- estoesta,RD, Javines, RR (2009). Biochtics: contemporary reading and issues,
   1<sup>st</sup> edition Manila, Philippines; educational publishing House
- Timbreza, F T (2007). Bioethics and Moral decisions; quenzon City, Philippines: C&E Publishing. inc



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#### ADD ON COURSE (202-2023)

#### **Bioethics**

Date: 8 4 2023

Batch Ist PBBSE (N)

Venue: Multipurpose Hall KNCTCON

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2	Anjali K	Aciale
3	Ashna K	Art
	Nayana P	Marine
5	Shilpa Mohan P K	No.

Total No. of students: 5



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# HUMAN VALUES





# KMCT COLLEGE OF NURSING

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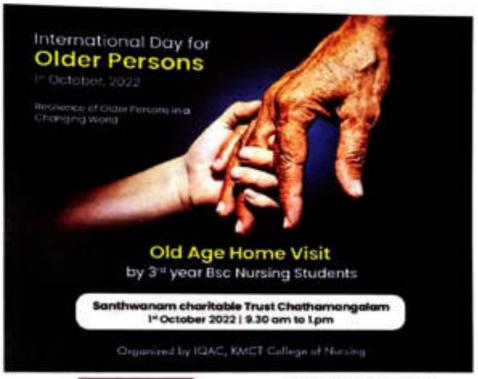
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#### INTERNATIONAL DAY FOR OLDER PERSONS



MCT COLUMN

EMCT Medical College Comput. Mukkam, Karhkode 573602 www.kmchuningcollege.org

As a part of International Day for the older persons third year BSc Nursing students visited an old age home. The visit started at 9.00 am on October 1st 2022. 50 third year students along with two faculty members went to "Santhwanam Charitable Trust Old Age Home Chathamangalam". There are 40 males and 20 females as the intimates, checked their vital signs, did a wound dressing, cleaned the premises, prepared food, and gave Health Education regarding personal hygiene and life style diseases.

Prof. MAGESWARI R Principal KMCT College of Nursing Manassery, Kozhikode - 673 602

WALLE Medical College Cam Daylenassery, Mukkom, Kozhikode-673602, Kerala











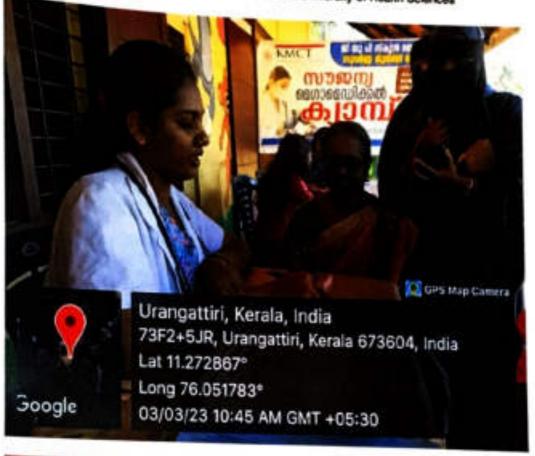
#### REPORT ON CONDUCTING MEDICAL CAMP



A medical camp was conducted on 3.3.2023 at Govt UP School, Kozhikode. 10 students of third year Bsc Nursing participated in the programme. Health checkup, Eye Checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 120 patients were received the benefits from the camp









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KMCT Medical College Campy

Prof. MAGESWARI R Principal

KMCT College of Nursing Manassery, Kozhikode - 673 602



#### REPORT ON WORLD EDUCATIONAL DAY (2022-2023)

Venue: Community Health Centre Mukkam.

Date: 24/03/2023

World Educational Day was observed on 24th March 2023. The programme was organized by IQAC, Community Health Centre Mukkam. The program inaugurated by Mr. PT Babu Chairman Mukkam, Municipality. The rally inaugurated by Mrs.Prajitha Pradheep and Dr.Alikutty, Medical Officer in charge gave a detailed class about Tuberculosis. The other events are poster competition and flash mob. Mr.Adil, Mr Farhan and Ms. Anjali got Prize for poster competition.

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PRINCIPAL KMCT College of Nursing Manassery, Kozhikode - 673 602



## WORLD WATER DAY- THEME ACCELERATING CHANGE

A world water Day was conducted by our college on 22 March 2023 along with 13th Batch of BSc Nursing students. The venue at front of the college campus. Mrs Dr.Manjula S, Vice principal delivered the pledge and importance of saving water. The program was finished at 3.30 PM.

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#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 21.1.2023 at Samskarika Nilayam, Kunnamangalam, Kozhikode. 2 students of fourth year Bsc Nursing participated in the programme. Health checkup, Eye Checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 98 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 14.8.2022 at , Kuttiyady, Kozhikode. 4 students of fourth year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 117 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 12.11.2022 at , Pannikode, Kozhikode. 2 students of second year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 117 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A modical camp was conducted by KMCT Medical College Hospital on 14.11.2022 at ,
The Imparation, Kozhikode. 3 students of fourth year Bsc Nursing participated in the
programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the
students. About 190 patients were received the benefits from the camp

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MAGESWARI R

Principal

KMCT Medical College C



### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 10.12.2022 at , Santhwanam Trust Thamarassery, Kozhikode. 2 students of fourth year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 109 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 17.12.2022 at Pnangode, Parappanpoyil, Kozhikode. 2 students of fourth year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 99 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 9.12.2022 at , Malappuram Civil Station , Malappuram. 2 students of fourth year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 128 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A usedical camp was conducted by KMCT Medical College Hospital on 2.12.2022 at Puthur, Rifniyah Mappilakada. 2 students of fourth year Bsc Nursing participated in the programmae. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 142 patients were received the benefits from the camp

Prof. MAGESWARI R

Principal

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Mukkom, Kozhikole 673 602 Manassery, Kozhikode - 673 602



#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 23.10.2022 at , Edavannappara, Kozhikode. 2 students of second year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 109 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 24.10.2022 at , Poovattumparambu, Kozhikode. 2 students of third year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 117 patients were received the benefits from the camp

#### CONDUCTED MEDICAL CAMP

A medical camp was conducted by KMCT Medical College Hospital on 13.9.2022 at , Wadi Rahma English School, Kodiyathur Kozhikode. 2 students of fourth year Bsc Nursing participated in the programme. Health checkup, GRBS monitoring, Blood Pressure monitoring were done by the students. About 120 patients were received the benefits from the camp





#### REPORT ON WORLD MOTHER TONGUE DAY (2021-2022)

Venue: KMCT College of Nursing, Manaserry

Date: 21/02/2022

World mother tongue day was observed at KMCT College of Nursing on 21/02/2022. All the students and faculties took an oath regarding the mother tongue. As per an instruction receiving from the Government of Kerala.

PRINCIP

PRINCIPAL KMCT College of Nursing Manassery, Kozhikode - 673 602



#### Report on Anganwadi Visit

Date: 5-11-2022

The Anganwadi, Kayittapoyil, kunnamangalam block,mukkam municipality, visited on 5-11-2022 with second year BSc nursing students (48 students). It's a part of our community health Nursing Industrial visit. We started the visit from the college at 8:30 am by college bus and reached the Anganwadi at 9am. The students conducted the wellbalanced diet for childrens and conducted the colouring, musical chair competitions etc. Mrs. Aghila, Mrs. Shincy and Mrs. Shilpa accompanied with the students.



#### Report on Anganwadi Visit

Date: 11-11-2022

The Anganwadi, Thiruvambady, visited on 11-11-2022 with second year BSc nursing students (48 students). It's a part of our community health Nursing Industrial visit. We started the visit from the college at 8:30 am by college bus and reached the Anganwadi at 9am. The students conducted the wellbalanced diet for childrens and conducted the colouring, musical chair competitions etc. Mrs. Aghila, Mrs. Shiney and Mrs. Shilpa accompanied with the students.

Prof MAGESWARI R

KMCT Medical Colle

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Manassery, Kozhikode - 673 602 Manassery, Kozhikode - 673 602











#### WORLD DISABILITY DAY

On 03.12.2019, World Disability Day was observed. KMCT College of Nursing organised Disability Awareness Seminar. Mrs. Archana and Mrs. Neenu from Dept. of Medical Surgical Nursing led the seminar.

Maheri





# INTERNATIONAL DAY FOR OLDER PERSONS

As part of International day for older persons, KMCTCON organized Old Age Home Visit on 1.10.2018. The students were informed about the living style and conditions of the old-age home. In order to have a insight into the bitter realities of life, a visit to Asha Kiran. The students shared the experiences of the inmates, consoled them and offered them fruits and sweets and most importantly gave vent to the feelings of the old which made many outburst their emotions. The students entertained them by singing songs. In order to provide some laughter in their lives, the students performed a small humorous skit on daily issues. This brought cheer on their wrinkled faces.





#### REPORT ON WORLD DISABILITY DAY (2019-2020)

Venue: KMCT College of Nursing, Manaserry

Date: 03/12/2019

In view of World Disability Day was observed. KMCT College of Nursing, Manassery, organised a disability awareness Seminar on the theme "Disability". Mrs. Archana and Mrs. Neenu, Lecturers of MSN, KMCT CON, took scientific classes on two different topics.

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#### TO WHOMSOEVER IT MAY CONCERN

This is to certify that the information in the attached documents is verified by me and it is true to the best of my knowledge.

Walun'



Email:nursing@kmct.edu.in Website: https://www.kmctnursingcollege.org/



KMCT College of Nursing follows two best practices, they are;

- 1. "Palliative care" in association with Grace Pain and Palliative care, Mukkom
- "Jeevamrutham, A Lifesaving Initiative" -Voluntary and Safe Blood Donation Practices

#### Best practice -1.

1. 'Palliative care' in association with Grace Pain and Palliative care, Mukkom

Palliative care refers to specialized medical care focused on providing relief for terminally ill patients. The goal of palliative care is to improve the quality of life for both the patient and their family by addressing physical, emotional, and spiritual needs. It is provided by a team of healthcare professionals, including nurses who work together to provide comprehensive support tailored to the individual's needs and preferences.

Grace Institute of Palliative Medicine is the centre for Community Participation in Palliative Care and Long Term Care which World Health Organization is collaborating with and helps in spreading the "Kerala model" of Palliative care worldwide. KMCT College of Nursing has been working in collaboration with Grace Institute of Palliative Medicine, Mukkam in the field of palliative care. Our students and staff members are being trained in our institute for palliative care. We also consider this as a great exposure for our students to work in society to cultivate a mentality to help people who are terminally ill.

#### Objectives

- To improve the quality of life of the patients and that of their families who are facing challenges associated with the illness.
- To reduce the unnecessary hospital admissions of the patients by doing regular home visits.
- To understand palliative care principles including symptom management, holistic assessment, and the importance of interdisciplinary teamwork.
- To develop clinical skills relevant to palliative care, such as pain and symptom
  assessment and management, communication techniques for discussing prognosis and
  goals of care, and providing psychosocial support to patients and families.
- To enhance empathy and communication skills necessary for building rapport with patients and families, discussing sensitive topics, and providing emotional support throughout the illness.



#### The context:

Palliative care aims to improve the quality of life of a patient with life threatening disease. It emphasizes the relief of symptoms, pain management, and addressing the physical, psychosocial, and spiritual needs of patients and their families. Palliative care is provided by a multidisciplinary team of healthcare professionals, including doctors, nurses, social workers, chaplains, and other specialists, who collaborate to offer comprehensive support tailored to the individual's preferences and goals. The goal of palliative care is to alleviate suffering, enhance comfort, promote dignity, and empower patients to live as fully and comfortably as possible, while also providing support for their loved ones throughout the illness journey. The students visit palliative centers on a regular rotation basis for the entire year. The students will assess the patient's health concerns and provide care such as bathing, dressing, nail care, combing, wound care, and dressing and provide health education to needy people.

#### Evidence of success:

- The students get trained in Palliative care and they learn how to deal with terminally ill patients appropriately.
- Success in palliative care is often evidenced by effective management of physical symptoms such as pain, nausea, and shortness of breath, leading to enhanced comfort and quality of life for patients.
- Positive feedback from patients and their families regarding their experience with palliative care services, including communication, emotional support, and coordination of care, indicates success in meeting their needs and preferences.

#### Problems encountered and Resources required

- Communication challenges: Effective communication between healthcare providers,
  patients, and families is essential in palliative care but can be challenging due to the
  complexity of discussing prognosis, treatment options, and end-of-life preferences.
   Language barriers, cultural differences, and emotional distress can further complicate
  communication.
- Implementing electronic health records, care coordination platforms, and standardized protocols for palliative care can facilitate communication among healthcare providers and improve continuity of care for patients.

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#### Best practice -2

"Jeevamrutham, a life saving initiative" -Voluntary and Safe Blood Donation Practices

#### Introduction

In a world where health emergencies can strike unexpectedly, access to blood becomes a crucial determinant of survival. Recognizing this pressing need the students of KMCT Nursing College in collaboration with KMCT Medical College Hospital introduced a project "Jeevamrutham, A Lifesaving Initiative." Project Jeevamrutham is a noble endeavor aimed at facilitating blood donation to needy patients admitted at KMCT Medical College. We understand the significance of timely blood transfusions in saving lives, especially during medical emergencies, surgeries, and treatments for various health conditions.

#### Objectives of practice

- To promote blood donation awareness about the critical need for regular blood donations and dispel any myths or misconceptions associated with the process.
- To build a Donor Network through various outreach activities, campaigns, and events.
- To facilitate blood donation drives within the college premises to collect blood units for the patients in need at KMCT Medical College.

#### The Context:

Blood Donation Forum: The College has a very active Blood Donation forum functioning under the leadership of College Union. The functioning of the forum is in such a way that the forum identifies the blood group of students. After getting permission from students and their parents, a directory is maintained in the college that keeps a record of blood groups and the contact details of the donors. Genuine patients could approach the forum and students with the compatible blood groups are deputed with the permission from their parents for donating blood. A register on the names of the deputed students is kept by the forum.

#### Evidence of success

- Increased awareness among the community regarding the importance of regular blood donation and its impact on saving lives.
- Expanded donor network which ensures a steady and reliable supply of blood units to meet the demands of patients admitted at KMCT Medical College.
- Lifesaving impact on patients in need of blood transfusions by providing a reliable
  source of blood supply and support to KMCT Medical College.



Students and staff donate more than 120 units of blood every year.

#### Problem Encountered and Resources:

We came across a lot of myths and misconceptions regarding blood donation prevalent among students. Most of them were fear and pain during donation and infections acquired from the use of non-sterile instruments during donation. Social prejudices that prevail on the sharing of blood. So many people believe that blood should not be shared. This social belief needs to be broken. The continuous awareness campaign creates a positive environment to spread the value of blood donation.



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#### MEMORANDUMOF UNDERSTANDING

The Memorandum of Understanding ("MOU") is made and entered into by and between, Grace Palliative Care Centre, Kozhikode India, and an autonomous palliative care clinic referred to as "First Party".

And

KMCT College of Nursing, Kozhikode Managed by the Kunhitharuvai Memorial Charitable Trust is a higher education institution for nursing established in 2008. The College is recognized by Indian Nursing Council, Kerala Nurses and Midwives Council and is affiliated to Kerala University of Health Sciences. The college offers B.Sc. Nursing. KMCT College of Nursing hereinafter referred to as "Second Party".

On 30th October 2019

WHEREAS, KMCT College of Nursing. Kozhikode wishes to establish linkage and collaborate with Grace Palliative Care Centre, Kozhikode on initiatives mutually valuable and beneficial to the two parties.

It is hereby AGREED as follows:

#### 1. Purpose

The purpose of this MOU is to establish certain understanding of the parties in relation to the collaboration between the parties, in order to promote professional development

#### 2. Definitions

Email: nursing@

2.1 Intellectual Property Rights means any rights of, including patents, knowhow, confidential information, trade secret designs, copyrights, trademarks. service marks, trade goodwill associated therewith and all rights or forms equivalent or similar effect (whether registered, unregistered or unregistrable) which may subsist anywhere in the world Prof Mageswari R

Principal KMCT College of Nursing

99225, 2299826 Fax: 0498 2299229 3602 Phone: (0495) 22992



### 3. Collaboration

the collaboration shall include but not limited to,

- Ensuring support for cares and families (social protection)
- · Identification/allocation of resources for palliative care
- · Identifying indicators and establishing monitoring of palliative care
- Identify patients who could benefit from palliative care;
- Assess and reassess patients for physical, emotional, social and spiritual distress and (re)assess family members for emotional, social, or spiritual distress;
- Relieve pain and other distressing physical symptoms;
- Clarify the patient's values and determine culturally appropriate goals of care.
- Individualized, patient-centred care
- Symptomatic non-pharmacological treatment developing an individualized home-based care plan for each patient;
- In some cases, providing treatments and instructing the family in this task;
- Facilitating access to supplies and medicines;
- Visiting the patient's home according to a regular schedule in order to anticipate problems and if possible prevent them; reporting problems to a higher level and providing follow-up;
- Training the patient and family in care and comfort-giving procedures and checking that they are being carried out;
- Based on the assessments, paying particular attention to ensure the availability of treatment, including for pain management.
- Answering questions, providing information and keeping records;
- encouraging the family to keep the patient involved in their daily life as much as possible;
- Helping/supporting/guiding the family in nursing care and care of bedridden patients.
- Supply medicines to the patient or caregivers for use either immediately or when needed;
- Advise and educate the patients, families and community carers on how to prevent and manage common problems such as contractures and bedsores;

Chairman

DI01204

KMCT Medica Gollege Campus, Mukkam, Kozhikode - 673 602 Phone: (0495) 2299226, 2299226 Fax: 0495 2299226

Email: nursing@fonst.edu\_fr www. kmctnursingcollege.org

01 HANG 67360.



### 4. Effective Date and Duration of Mou

A. This MoU shall be effective from the date of its approval by competent authorities at both ends.

B. The duration of the MoU shall be for a period of 5 years from the effective date. C.This MoU may be extended or terminated by a prior notice of not less than three months by either party. However, terminations of the MoU will not in any manner affect the interest of the students/faculty who have been admitted to pursue a programme under this MoU, and the same shall be subjected to the final decision of the heads of the respective institution

### 5. Confidentiality

4.1 Each party undertakes that it will not at any time hereafter use, divulge or communicate to any third party any confidential information regarding to this MOU.Each party shall use its reasonable endeavors to prevent the disclosure of any such confidential information.

4.2 Clause 4.1 shall not apply to any information which has come into the public domain.

GRACE PALIATIVE CARE CENTRE Chairman Mukkam - 673602



prof Mageswari R

WMCT College of Nursing 673602









IN WITNESS WHERE OF PARTIES HERE TO HAVE ENTERED INTO THIS AGREEMENT EFFECTIVE AS ON THIS DATE, 30 th DAY OF October 2019

For KMCT College of Nursing

Principal PRof. R. Markesward N

Principal

KMCT College of Nursing Manassery Kozhikode 673602

WITNESS

For Grace Palliative Care Centre, Kozhikode India

Name

GRACE PALIATIVE CARE CENTRE Mukkam - 673602

WITNESS







Email: nursing@kmct.edu.in | www. kmctnursingcollege.org







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# Memorandum of understanding

Between

Santhwanam charitable Trust, Reg.No.2205, Chathamangalam, Kozhikode

Sc.

KMCT College of Nursing, Manassery, Kozhikode

Memorandum of understanding

THE MEMORANDUM OF UNDERSTANDING is entered on the day of 19th November 2019.

Between

SANTHWANAM CHARITABLE TRUST, Reg.No.2205, CHATHAMANGALAM, CALICUT

And

KMCT COLLEGE OF NURSING, MANASSERY P.O, MUKKAM, CALICUT, PIN-673602(here in after referred to as KMCT CON), represented by the Principal Prof.R.Mageswari, KMCTCON (Both Santhwanam and KMCTCON are also jointly referred to herein as 'Parties' and individually as' Party)

Prof. Mageswari. R Principal KMCT College of Nursing

Manassary Hezhikode 673602

KMCT Medical College Campus, Mukkam, Kozhlkode - 673 602 Phone: (0495) 2299225, 2299226 Fax: 0495 2299226

Email: nursing@kmct.edu.in | www. kmctnursingcollege.org





On 19th November 2019

WHEREAS, KMCT College of Nursing, Kozhikode wishes to establish linkage and collaborate with Santhwanam Charitable Trust, Kozhikode on initiatives mutually valuable and beneficial to the two parties.

It is hereby AGREED as follows:

### 1. Purpose

The purpose of this MOU is to establish certain understanding of the parties in relation to the collaboration between the parties, in order to promote professional development

### 2. Definitions

2.1 Intellectual Property Rights means any rights of, including patents. knowhow, confidential information, trade secret designs, copyrights, trademarks, service marks, trade goodwill associated therewith and all rights or forms equivalent or similar effect (whether registered, unregistered or unregistrable): which may subsist anywhere in the world.

> Prof Mageswari R Principal KMCT Conege of Nursing Manassery Kozhikode 673602



Email: nursing@kmct.edu.in | www.kmctnursingcollege.org













### 3. Collaboration

the collaboration shall include but not limited to.

- Ensuring support for cares and families (social protection)
- · Identification/allocation of resources for palliative care
- · Identifying indicators and establishing monitoring of palliative care
- · Identify patients who could benefit from palliative care;
- Assess and reassess patients for physical, emotional, social and spiritual distress and (re)assess family members for emotional, social, or spiritual distress;
- Relieve pain and other distressing physical symptoms;
- Clarify the patient's values and determine culturally appropriate goals of care.
- · Individualized, patient-centred care
- Symptomatic non-pharmacological treatment developing an individualized home-based care plan for each patient;
- In some cases, providing treatments and instructing the family in this task;
- Facilitating access to supplies and medicines;
- Visiting the patient's home according to a regular schedule in order to anticipate problems and if possible prevent them; reporting problems to a higher level and providing follow-up;
- Training the patient and family in care and comfort-giving procedures and checking that they are being carried out;
- Based on the assessments, paying particular attention to ensure the availability of treatment, including for pain management.
- Answering questions, providing information and keeping records;
- encouraging the family to keep the patient involved in their daily life as much as possible;
- Helping/supporting/guiding the family in nursing care and care of bedridden patients.
- Supply medicines to the patient or caregivers for use either immediately or when needed;
- Advise and educate the patients, families and community carers on how to prevent and manage common problems such as contractures and bedsores;

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B. The duration of the MoU shall be for a period of 5 years from the effective date. C.This MoU may be extended or terminated by a prior notice of not less than three months by either party. However, terminations of the MoU will not in any manner affect the interest of the students/faculty who have been admitted to pursue a programme under this MoU, and the same shall be subjected to the final decision of the heads of the respective institution

### 5. Confidentiality

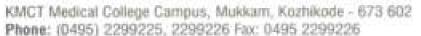
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4.2 Above 4.1 shall not apply to any information which has come into the public domain.



prof Mageswari R

Principal



Email: nursing@kmct.edu.in | www.kmctnursingcollege.org





IN WITNESS WHEREOF PARTIES HERE TO HAVE ENTERED INTO THIS AGREEMENT EFFECTIVE AS ON THIS DATE 19th November 2019

1.By The Principal ,KMCT College Of Nursing ,Kozhikode,Kerala Name: PROF R MAGGEWARD Prof Mageswari R. Principal KMCT College of Nursing Date: 19 11-2-19 Manassery Kozhikode 673502 Witness: By The Chairman, Santhwanam charitable Trust Reg. No. 2205, Chathamangalam, Kozhikode, kerala Name: Sudhen Porthwaram Date: 19.11-2019 Witness: Ramesh S



Email: nursing@kmct.edu.in | www. kmctnursingcollege.org













# ECO CLUB



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### REPORT OF ACTIVITIES

Tree Plantation Drive: In June 5° 2023

Tree Plantation Drive: In June 5\* 2023, the ECO Club organized a tree plantation drive in collaboration with KMCT Medical college, Trees were planted. This initiative aimed to enhance green cover, combat climate change, and promote a healthier environment.

The activities organized by chair person and all members of the eco club .10 students from each batch were participated in this programme.



KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040 Email: nursing@kmct.edu.in Website: https://www.kmctaursingeollege.org/





### REPORT OF ACTIVITIES

### TREE PLANTATION AND VEGETABLE SEEDLING

DATE-05/06/22

As a part of world environment day celebration, on June 5\* 2022, KMCT College of Nursing staff and students in association with Eco club and IQAC has planted tree saplings and vegetable seedling at campus of KMCT CON, including brinjal, spinach, pineapple, ladies' finger, tomato, green chilly etc.

The environment day theme was "Living in harmony sustainably with nature #only one Earth". And we removed all the plastic waste from campus and we made the campus a plastic free campus. And started the campaign of green campus and started the work to enhance the previously started garden.



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### REPORT OF ACTIVITIES

### TREE PLANTATION AND VEGETABLE SEEDLING

DATE-5/06/21

In honor of World Environment Day on June 5th, 2021, KMCT College of Nursing, in collaboration with the Eco Club and IQAC, conducted the following activities:

Tree and Vegetable Plantation: Students and staff planted tree saplings and vegetable seedlings on the campus to support ecosystem restoration. Trees were planted. This initiative aimed to enhance green cover, combat climate change, and promote a healthier environment.

The activities organized by chair person and all members of the eco club .10 students from each batch were participated in this programme.

Campus Cleaning: A thorough campus cleaning drive was undertaken to maintain cleanliness and hygiene.

Green Campus Campaign: The college initiated a "Green Campus" campaign to promote sustainability and eco-consciousness among the college community.

Garden Enhancement: Efforts began to improve an existing garden, adding to the greenery and visual appeal of the campus.

These activities showcased our commitment to environmental preservation, fostering a cleaner, greener, and more sustainable campus environment.

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Emnil-nursing@kmct.edu.inWebsite: https://www.kmctnursingcollege.org/





### REPORT OF ACTIVITIES

### TREE PLANTATION AND VEGETABLE SEEDLING

DATE-05/06/2020

In celebration of World Environment Day on June 5th, 2020, KMCT College of Nursing, in collaboration with the Eco Club and IQAC, undertook the following initiatives:

Tree and Vegetable Plantation: Students and staff joined forces to plant tree saplings and various vegetables on the campus, promoting greenery and sustainable agriculture.

It's heartening to report that the initiatives undertaken on World Environment Day in June 2020 have continued successfully throughout the year with active participation from both faculty and staff



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### REPORT OF ACTIVITIES

### Plastic Pollution Solution and Green Campus Campaign

DATE:17/09/2020

Plastic Pollution Solution: Aligned with the theme of "solution to plastic pollution," the campus was cleared of all plastic waste, leading to the declaration of a plastic-free campus.

Green Campus Campaign: A "Green Campus" campaign was initiated to instill eco-consciousness among the college community and encourage environmentally friendly practices.

Garden Enhancement: Efforts commenced to improve an existing garden, further contributing to the campus's aesthetics and eco-friendliness.

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Email: nursing@kmct.edu.in Website: https://www.kmctnursingcollege.org/



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### REPORT OF ACTIVITIES

### TREE PLANTATION AND PLASTIC AWARENESS CAMPAIGN

DATE:05/03/19

ECO Club at KMCT College of Nursing was actively engaged in a series of impactful environmental initiatives and activities. Here is a summary of our key activities throughout the year:

Tree Plantation Drive: To enhance the green cover of our campus and promote biodiversity, we organized multiple tree plantation drives. Hundreds of tree saplings were planted by our dedicated members, students, and staff members.

Plastic Awareness Campaign: Recognizing the pressing issue of plastic pollution, we conducted a comprehensive awareness campaign throughout the year. This campaign included informational sessions on the harmful effects of plastic on the environment and strategies for reducing plastic usage.

Waste Management Initiatives: We actively participated in waste management efforts on our campus. We organized waste segregation drives, and recycling programs to minimize our environmental footprint.

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### REPORT OF ACTIVITIES

# CLEAN-UP DRIVES AND CELEBRATION OF ENVIRONMENTAL DAYS

DATE:05/06/19

Clean-up Drives: Several campus clean-up drives were organized to maintain a clean and litter-free environment.

Celebration of Environmental Days: We actively celebrated World Environment Day, Earth Day, and other significant environmental observances. These celebrations included various events, exhibitions, and interactive activities.

Community Outreach: The ECO Club extended its efforts beyond the campus by engaging with local communities and schools. We conducted environmental awareness programs and activities to promote environmental consciousness in the broader community.

These activities throughout 2018-2019 reflect our ongoing commitment to environmental conservation and sustainability. The ECO Club at KMCT College of Nursing remains dedicated to promoting eco-consciousness and actively contributing to a cleaner, greener, and more sustainable environment.







# **BLOOD DONATION CAMPAIGNS**



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### CERTIFICATE OF APPRECIATION



### KMCT MEDICAL COLLEGE HOSPITAL. BLOOD BANK.

### Certificate Of Appreciation.

The KMCT Hospital Blood Bank pleased to inform that its deep appreciation of services rendered by the KMCT College of Nursing Manassery, Calicut, in the promotion of voluntary donation as well as creation of AIDS awareness in youth. The voluntary donation rendered by the members of the organization helps to save the life of the patients in dire emergencies. The institution is a role model to other Colleges in promoting voluntary donation and deeply acknowledge the efforts of the institution during Covid pandemic.

We take this opportunity to congratulate and appreciate the principle Prof.R. Mageswal, KMCT College Of nursing for the unflinching efforts to promoting the social welfare.

Best regards.

Blood bank In-Charge.

L. Robert Joseph.

Manassery. 12/07/2022.

License No:0712/28C/KER7DC-CLAA/08

Moll ID:richorddhanaroj@gmail.com

Mobile: 8078192963.

Monostry PO, Mukeen - Kernkada, Pt. 0495-2293500



Signature of the Principal



### CERTIFICATE OF APPRECIATION



### KMCT MEDICAL COLLEGE HOSPITAL. BLOOD BANK.

### Certificate Of Appreciation.

The KMCT Hospital Blood Bank pleased to inform that its deep appreciation of services rendered by the KMCT College of Nursing Manassery, Calicut, in the promotion of voluntary donation services. The help rendered by the members of the organization help to save the life of many patients in the dire emergencies. The institution also arranged awareness classes for the public on the occasion of World blood donor's day on October 1° and World AIDS day on December 1°. The institution is also keen in organizing voluntary blood donation camps every year. The institution is a role model to other Colleges in promoting voluntary donation and deeply acknowledge the efforts of the institution to organize blood donation camps.

Best regards.

Blood bank In-Charge. Fir Ridard Joseph

License No:0712/28C/KER7DC-CLAA/08

Mell ID :richarddhanaraj@gmail.com

Mobile: 8078192963.

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19/02/2019.

Manassiy PD Mussam - Komsedo, Ph. 0495-9293500

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Signature of the Principal

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Email: pursing@kmct.edu.in Website: https://www.kmctnursingcollege.org/



# PATRIOTISM AND COMMUNAL HARMONY





# Independence Day Celebration (15/08/2022)

On the occasion of Independence day celebration, the students of third year BSc nursing students attended the flag hoisting ceremony. Dr. Prof Manjula S, Head of the department of medical surgical Nursing, KMCTCON, hoisted the flag and spoke about the significance of the Independence Day



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### Report on Republic Day Celebration (26/01/2023)

On the occasion of Republic Day celebration, the students of third year.

BSc nursing students attended the flag hoisting ceremony. Dr. Manjula S, Vice

Principal, KMCTCollege of Nursing, hoisted the flag and spoke about the

significance of the Republic Day.







# MOU: NAYANAAR SADHANAM





Memorandum of Understanding THE MEMORANDUM OF UNDERSTANDING is entered on the 1379 day of November 2019

Between

UL CARE NAYANAR SADANAM, Eranhipalam, Kozhikode, Kerala673020 represented by its Principal Mrs. Thankamani P.

KMCT Nursing College, Manassery P.O, Mukkam, Kozhikode - 673602. (here in after referred to as KMCTCON), represented by the Principal Prof.R.Mageswari. KMCTCON.

(Both UL CARE NAYANAR SADANAM and KMCTCON are also jointly referred to as Parties and individually as-' Party')

In consideration of the mutual promises made here in and of good and valuable consideration, the receipt and sufficiency of which both UL CARE NAYANAR SADANAM and KMCTCON hereby acknowledge (UI, CARE NAYANAR SADANAM and KMCTCON hereby agree to the following to governing their collaboration and to sign this Memorandem of Understanding (MoU).

### SCOPE

The Scope of collaboration on academic activities in this Memorandum of Understanding includes the following:

- I Inclusive working environment to the differently abled to bring them to the main stream by providing better livelihood.
- Health awareness sessions.
- 3. Vocational training and job placements.

KMCT College of Nut 4. Training to the students to deal with the differentially abled person to associate with talling the absolute of with taking themalong

Dr. Jayning M.

Mukkam - 673602, Kozhikode, Keratikanas serv A299225 Fax: 2299226



# TERMS OF INTERACTIONS

The two parties agree to take part in the joint initiatives as mentioned above

# RESPONSIBILITIES OF EACH PARTY

# Responsibilities of KMCTCON

- KMCTCON will absorb the vocationally trained blessed persons in an appropriate area best suitable to the concerned and they will be entitled to get an emolument equality to the normal person in that service area.
- 2. KMCTCON with conduct health awareness sessions for students and staffs of UL CARENAYANAR SADANAM
- KMCTCON will conduct health screening camps for students and staffs of UL CARF NAYANAR SADANAM
- KMCTCON will provide all necessary facilities including venue for conducting training programmes regarding management of intellectually challenged group by eminent resource personals from UL CARE NAYANAR SADANAM

### EFFECTIVE DATE AND DURATION OF MOU

A. This MoU shall be effective from the date of its approval by competent authorities at both ends.

B. 'The duration of the MoU shall be for a period of 5 years from the effective date.

C. 'This MoU may be extended or terminated by a prior notice of not less than three months by either party. However, termination of the MoU will not in any manner affect the interest of the students/faculty who have been admitted to pursue a programme under this MoU, and the same shall be subjected to the final decision of the heads of the respective institutions.

Ar Jayang M.K.

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Email: Harshad Senet eduin

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# CONFIDENTIALITY

Both UL CARE NAYANAR SADANAM and KMCTCON shall bind their respective personnel who some into possession or knowledge of any confidential information not to disclose the same to third parties without written approval of the disclosing party or use such confidential information for any use other than intended under this agreement or projects.

Further, both UL CARE NAVANAR SADANAM and KMCTCON shall put in place adequate and reasonable measures to keep and store confidential information secure so as to prevent any unauthorized use. This clause shall survive the termination or expiry of this MoU.

### AMMENDEMENT

Any clause of the MoU may be modified or amended by mutual agreement of KMCTCON and LECARE NAYANAR SADANAM. Any amendment or modification to this MoL shall be in writing and signed by both the puries here to and shall only after such execution be deemed to form part of the Mot !!

### RESOLUTION OF DISPUTES

This agreement shall to take effect and to be construed in accordance with the Laws of India.

If a dispute or difference whatsoever arises between the Parties in relation to or in connection with this MoU, both the parties shall first try to resolve the dispute/difference amscably between themselves failing which the matter shall be resolved through arbitration and the place of arhitestion shall be Californ.

IN WITNESS WHERE OF PARTIES HERE TO HAVE ENTERED INTO THIS AGREEMENT EFFECTIVE AS ON THIS DATE, 13" DAY OF NOVEMBER 2019.

Mahossery (PO), Mukkam - 673602, Kozhikoće Koskis<sup>67</sup> W M C Plione: (0495) 2299225 Fax: 2299226 Ersall miningiglance acaus



IN WITNESS WHERE OF PARTIES HERE TO HAVE ENTERED INTO THIS AGREEMENT EFFECTIVE AS ON THIS DATE, 13 th DAY OF November 2019

For KMCT College of Nursing

Principal

PROF. R. HALGEWAR

WITNESS

Nasmina Nageer

Prof Mageswari R
Principal
KMCT College of Nursing
Manassery Kozhikode 673602

For UL CARE NAYANAR SADANAM

Name:

r. Jayang. N.K.

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# NAVANAAR SADANAM VISIT

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# MOU: MUKKAM MUSLIM ORPHANAGE



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Memorandum of Understanding
THE MEMORANDUM OF UNDERSTANDING is entered on the 12<sup>110</sup> day of November 2018
Between

Mukkam Muslim Orphanage, Mukkam P.O. Kozhikode (Dt) Kerata 673602 represented by its Manager

And

KMCT Nursing College, Manassery P.O. Mukkam, Kozhikode - 673602. (here in after referred to as KMCTCON), represented by the Principal Prof.R.Mageswari, KMCTCON.

(Both Mukkam Muslim Orphanageand KMCTCON are also jointly referred to as Parties and individually as- Party')

In consideration of the mutual promises made here in and of good and valuable consideration, the receipt and sufficiency of which both Mukkam Muslim Orphanageand KMCTCON herebyacknowledge (Mukkam Muslim Orphanageand KMCTCON hereby agree to the following to governing their collaboration and to sign this Memorandem of Understanding (MoU).

### SCOPE

The Scope of collaboration on academic activities in this Memorandum of Understanding includes the following:

- 1. School health programmes
- 2. Health awareness sessions.

3. Health Camp

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Prot. MAGESWARI R

Principal

KMGT College of Norsing

MONOR CAUCHT-871003



### TERMS OF INTERACTIONS

The two parties agree to take part in the joint initiatives as mentioned above

### RESPONSIBILITIES OF EACH PARTY

Responsibilities of KMCTCON

- 1 KMCTCON will actively participate in school health programmes
- 2. KMCTCON with conduct health awareness sessions for students and staffs of Mukkam Muslim Orphanage
- 3) KMCTCON will conduct health screening camps for students and staffs of Mukkum Muslim Orphanage
- 4. KMCTCON will provide all necessary facilities including venue for conducting thierPrograms by eminent resource personals from Mukkam Muslim Orphanage

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Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manner



Responsibilities of Mukkam Muslim Orphanage

- Mukkam Muslim Orphanage will also facilitate visus of faculty in KMCTCON to Mukkam Muslim Orphanage for school heath programmes
- Mukkam Muslim Orphanage will also facilitate visits of faculty and students in KMCTCON toMukkam Muslim Orphanage for health screening
- Mukkam Muslim Orphanage will also facilitate visits of faculty and students in KMCTCON toMukkam Muslim Orphanage for conducting camp

### EFFECTIVE DATE AND DURATION OF MOU

A. This MoU shall be effective from the date of its approval by competent authorities at both ends.

B. The duration of the MoU shall be for a period of 5 years from the effective date.

C. This MoU may be extended or terminated by a prior notice of not less than three months by either party. However, termination of the MoU will not in any manner affect the interest of the students/faculty who have been admitted to pursue a programme under this MoU, and the same shall be subjected to the final decision of the heads of the respective institutions.

### CONFIDENTIALITY

Both Mukkam Muslim Orphanageand KMCTCON shall bind their respective personnel who some into possession or knowledge of any confidential information not to disclose the same to third parties without written approval of the disclosing party or use such confidential information for any use other than intended under this agreement or projects.

Prof. MADESWARI R

KMCT College of Nursing

KMCT Medical College Campus, Manassery, Mukkom, Korhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040

Email nursing a kmct.edu in Website: https://www.kmctnursingeoflege.org/



Further, both Mukkam Muslim Orphanageand KMCTCON shall put in place adequate and reasonable measures to keep and store confidential information secure so as to prevent any unauthorized use. This clause shall survive the termination or expiry of this MoU.

### AMMENDEMENT

Any clause of the MoU may be modified or amended by mutual agreement of KMCTCON and Mukkam Muslim Orphanage; Any amendment or modification to this MoU shall be in writing and signed by both the parties here to and shall only after such execution be deemed to form part of the MoU.

### RESOLUTION OF DISPUTES

"This agreement shall to take effect and to be construed in accordance with the Laws of India.

If a dispute or difference whatsoever arises between the Parties in relation to or in connection with this MoU, both the parties shall first try to resolve the dispute difference amicably between themselves failing which the matter shall be resolved through arbitration and the place of arbitration shall be Calicut.

ADMINISTRATOR MODELLA CONTRACTOR CONTRACTOR

Pref. MAGESWARER
Principal
KMCT College of Nursing
Manassery, Kozhikode - 673 602

KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala Phone: +91 495 2293040, Fax: +91 495 2295040



IN WITNESS WHERE OF PARTIES HERE TO HAVE ENTERED INTO THIS AGREEMENT EFFECTIVE AS ON THIS DATE, 12th DAY OF NOVEMBER

For KMCT College of Nursing

Name:

PROF. R. MAGESWAR

Fruf. MAT WARIER Principal

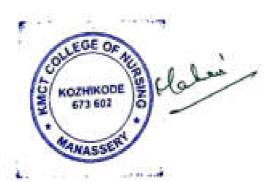
KMGT College of Nursing Manastery, Koznikoda - 672 (02

Witness: Office 3.B

For MMO- Mukkam Muslim Orphanage

Witness: 1 Mu hamed ve Dong 90 Korfadien Kalky































# VALUE ADDED COURSES



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# Report on Value Added course

Name of the topic: Interpersonal communication and therapeutic nurse patient relationship

A value added course on Interpersonal communication and therapeutic nurse patient relationship was conducted for the 4<sup>th</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON.

Mrs. Dona Prince, Assistant professor, KMCT CON.

Date	Time	
5/6/23	4-5pm	
6/6/23	4- 5pm	
7/6/23	4-5pm	
8/6/23	4-5 pm	
9/6/23	4- 5 pm	
10/6/23	8 -6pm	
11/6/23	4- 5 pm	



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# Report on Value Added course

Name of the topic: Mass communication

A value added course on Mass communication was conducted for the 4th year BSc Nursing students in the Multipurpose hall of KMCT CON. Mrs. Reena ,Nursing Superintendent, KMCT Medical College Hospital.

Date	- Time	
5/9/22	4-5pm	
6/9/22	4- 5pm	
7/9/22	4-5pm	
8/9/22	4-5 pm	
9/9/22	4- 5 pm	
10/9/22	8-6pm	
12/9/22	4- 5 pm	



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# Report on Value Added course

Name of the topic: good manners

A value added course on Good manners was conducted for the I<sup>st</sup> year BSc Nursing students through online medium by Mrs. Shine Thomas , Associate professor KMCT CON from18/1/2023-25/1/2023 from 6pm to 8pm





# Report on Value Added course

Name of the topic : Social Media communication

A value added course on Social Media communication was conducted for the 4<sup>th</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Mrs. Reena ,Nursing Superintendent, KMCT Medical College Hospital.

Date	Time	
8/2/21	4-5pm	
9/2/21	4- 5pm	
10/2/21	4-5pm	
11/2/21	4-5 pm	
12/2/21	4- 5 pm	
13/2/21	8-6pm	
15/2/21	4- 5 pm	



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# Report on Value Added course

Name of the topic: Face to Face communication

A value added course on Face to Face communication was conducted for the 4<sup>th</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Mrs. Reena ,Nursing Superintendent, KMCT Medical College Hospital.

Date	Time	
7/12/20	4-5pm	
8/12/20	4- 5pm	
9/12/20	4-5pm	
10/12/20	4-5 pm	
11/12/20	4- 5 pm	
12/12/20	8-6pm	
14/12/20	4- 5 pm	



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# Report on Value Added course

Name of the topic : Simple communication

A value added course on Simple communication was conducted for the 4<sup>th</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Mrs. Reena ,Nursing Superintendent, KMCT Medical College Hospital.

Date	Time	
8/4/19	4-5pm	
8/12/23	4- 5pm	
9/12/23	4-5pm	
10/12/23	4-5 pm	
11/12/23	4- 5 pm	
12/12/23	8-6pm	
14/12/23	4- 5 pm	







# RIGHTS TO HEALTH AND EMERGING DEMOGRAPHIC ISSUES



Valeen



## INTERNATIONAL DAY AGAINST DRUG ABUSE















International day against Drug abuse and illicit trafficking was observed on 27.06.2022 from 10AM to 12PM at KMCT Medical College 50 students are participated. Programme starts with prayers. Ms.Aswathi welcomed the gathering. Prof. R Mageswari, Principal, College of Nursing inaugurated the function and delivered Anti-Drug Abuse Day message for students and participants. The theme of day was "Addressing drug challenges in health and humanitarian crisis Prof.Ambika, Vice Principal KMCT College of Norsing, Prof. Manjula S. HOD Dept. of Medical Surgical Nurring, Mrs. Reena, Nursing Superintendent KMCT College Hospital, There was a video presentation by third year BSs Nursing students with a TOL MAGESWARI R strong message. Vote of thanks was given by lifer. Neenu,

KMCT Medical College Can

Relation, Kozhlitode-673602, Kerala

**College of Nursing** assery, Kozhikode - 673 602









Prof. MAGESWARI R
Principal
KMGY Gellege of Nursing
Karteleery, Kozhikode - 673 602



#### ORAL REHYDRATION DAY



KMCT Medical Calege Campus, Mukkam, Kathikada 873802

Oral Rehydration day was observed on 29th July 2022 from 10.30 AM to 1.00 PM at KMCT Women and Child Hospital.

The programme started with a prayer by Ms. Ardra K. The Programme was anchored by Ms. Darshana Sebastian. Ms Aswathy AK welcomed the gathering. Inauguration and presidential address was given by Prof.Mrs Ambika C, Vice Principal, and KMCT College of Nursing. Felicitation speech was given by Dr.Riyas, HOD of department of pediatrics. After felicitation speech, students conducted an awareness programme regarding.



Prof. MAGESWARI R Brincipal KMCT College of Nursing Manassery, Kozhikode - 673 502





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Prof. MAGESWARD R
Principal
KMCT College of Nursing
Manassery, Koznikode - 673 602





# WORLD BREAST FEEDING WEEK



"Step up for breast feeding. Educate and support"

World Breast feeding week was jointly observed by KMCT College of Nursing and Department of obstetrics and Gynecology. 50 students of Fourth year BSc Nursing students organized an awareness programme for patients which was conducted in the Gynecology O.P. D of KMCT women and Child Hospital. The event was organized by Mrs. Rakhi Seban, Associate Professor KMCT College Of Nursing. Dr. Chellamma, HOD of Obstetrics and Gynecology conveyed the message to audience. After this the fourth Year BSc Nursing Students organized a skit for the audience regarding the importance of Breast feeding. This programme was very useful for the postnatal mothers.



Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kozhikode - 673 502



Recognized by Indon Nursing Council & Kersta Nurses and Micheless Council & attituded to Kersta University of Health Sciences.







Prof. MAGESWART R
Principal
KMCT College of Nursing
Menassery, Korhikode - 573 563



## WORLD ALZHEIMER'S DAY



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EMCT Medical College Corrant, Multitary Karristone #73602

World Alzheimer's Day was observes on 21th September 2022 at KMCT Medical College by 50 students of third year BSc Nursing. The official programme started at 10.00am in the department of psychiatry. Prof.Mrs.R Mageswari inaugurated the functions. Dr. Sushil Kakkam, HOD, Department of Psychiatry conveyed the key message. Prof.Mrs. Ambika C, Vice principal, Mrs.Shiji, Nursing superintendent and Dr.Hrithwik Asst.Professor of Psychiatry felicitated the function. Ms.Aparna, Third year BSc Nursing student expressed the vote of thanks. After the official programme students presented a skit and poster presentation for the caregivers of mentality ill patients regarding care of patients with Alzimers disease. The same skit was played in front of the OP Department of KMCT Medical College for the public.



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KMCY College of Nursing
Manassery, Abahikode - 673 802





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Prof. MAGESWARI R Principal KMCT College of Nursing Manassery, Kashikade - 673 502





## INTERNATIONAL YOGA DAY

## International Yoga Day Observation



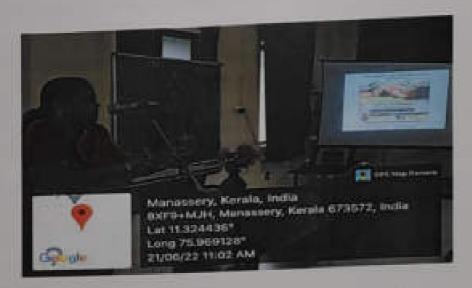
International Yoga day was observed on 21.06.2022 at KMCT College of Nursing. As part of a programme on Yoga demonstration was conducted at KMCT auditorium by 50 students of first year BSc Nursing. Mrs. Shilpa Ke did welcome speech. Mrs. R. Mageswari, principal KMCT College of nursing inaugurated the functions and delivered Yoga message for students. The theme of yoga day was Yoga for humanity. Prof. Mrs. Ambika Vice principal, Kmct College of Nursing felicitated the programme. Yoga demonstration was done by first year BSc Students Ms. Anagha, Ms. Arathi and Ms. Amrutha. Vote of thanks was given by Ms. Anjana First year BSc nursing student.



Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kozhikode - 673 602







Moderate



Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manussery, Kozhokode - 673 802



# INTERNATIONAL DAY AGAINST DRUG ABUSE

International day against Drug abuse and illicit trafficking was observed on 27.06-2022 from 10AM to 12PM at KMCT Medical College. Programme starts with prayers. Ms.Aswathi welcomed the gathering. Prof. R Mageswari, Principal, College of Nursing inaugurated the function and delivered Anti Drug Abuse Day message for students and participants. The theme of day was "Addressing drug challenges in health and humanitarian crisis Prof.Ambika, Vice Principal KMCT College of Nursing, Prof. Manjula S, HOD Dept. of Medical Surgical Nursing, Mrs. Reena, Nursing Superintendent KMCT College Hospital, Mrs. Shilpa KC School of Nursing In Charge facilitated the programme. There was a video presentation by third year BSc Nursing students with a strong message. Vote of thanks was given by Mrs. Neenu, Tutor KMCT college of Nursing.





Prof. MAGESWARI R Principal KMCT College of Nursing Manassery, Kozhikode - 573 502





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Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kozhikode - 573 602



## WORLD ALZHEIMER'S DAY

World Alzheimer's Day was observes on 21" September 2022 at KMCT Medical College by third year BSc Nursing students. The official programme started at 10.00am in the department of psychiatry. Prof.Mrs.R Mageseari inaugurated the functions. Dr. Sushil Kakkam, HOD, Department of Psychiatry conveyed the key message. Prof.Mrs. Ambika C, Vice principal, Mrs.Shiji, Nursing superintendent and Dr.Hrithwik Asst.Professor of Psychiatry felicitated the function. Ms.Aparna, Third year BSc Nursing student expressed the vote of thanks. After the official programme students presented a skit and poster presentation for the caregivers of mentality ill patients regarding care of patients with Alzimers disease. The same skit was played in front of the OP Department of KMCT Medical College for the public.





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Prof. MAGESWAR! R Principal KMCT College of Nursing Manassery, Kozhikode - 673 602



## WORLD HEART DAY

As a part of world Heart Day, Department of Cardiology of KMCT Medical College organized a walkathon on 29/09/2022 to great public awareness regarding healthy heart. Third year BSc Nursing students participated in this walkathon as well as a poster competition for the whole students of KMCT Campus. Ms Anjali, second year BSc Nursing won Second prize for the poster competition. The prizes were distributed by Mr.Assain, Civil police Officer, Mukkam.





Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kozhikode - 673 502





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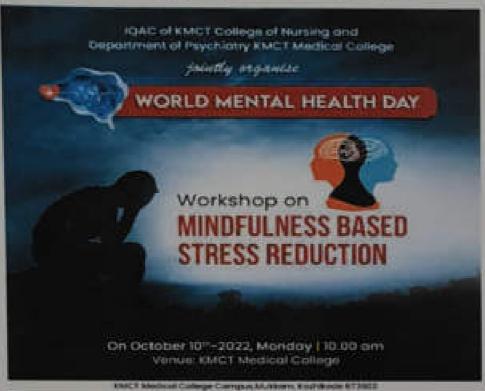
Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manussery, Kozhikode - 673 502



## WORLD MENTAL HEALTH DAY PROGRAMME







As a part World Mental Health Day Programme started at 10.00am with prayer by Ms. Ardra. Welcome speech was delivered by Ms. Aswathi, Inaugural address was by Dr.Prof.Ambika C, Vice principal, KMCT College of Nursing Dr.Prof. Rajmohan V, Department of Psychiatry gave the theme and message about World Mental Health Day. A brief note regarding the programme was given by Dr.Sushil Kaakkan HOD, Department of Psychiatry. Felicitation was done by Dr.Manjula S.

By 10.30 am the "Workshop On Mindfulness Based Stress Reduction" was started Dr.Bindhya Babu, Department of Psychiatry did the introduction to stress. A brief overview regarding mindfulness was given by Dr.Rithwik, Department of Psychiatry

KMCT Medical College Campus.

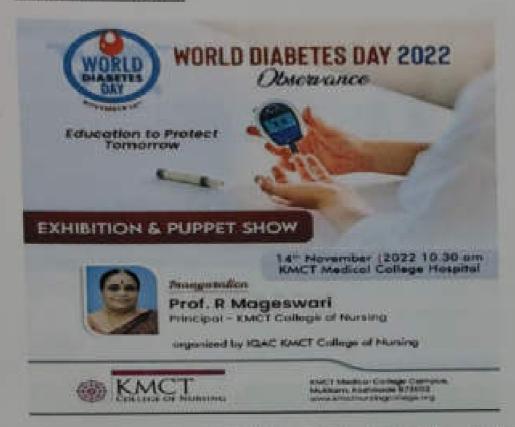
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KMCT College of Nursing Manassery, Kochikode - 973 502



#### WORLD DIABETIC DAY



As a part of world Diabetic Day 2022 students organized an exhibition and pupper show at KMCT Medical college Hospital. Students of Second Year BSc Nursing arranged an exhibition at 7.30 am in front of the hospital reception program started at 10.30 am. Dr.Ambika C,vice principal KMCT College of Nursing inaugurated the program. Mrs Jeena Mathew Associate Professor explored the theme education to protect tomorrow. Pmf steffy john addressed the gathering. Mr. Dufkafeel welcomed the audience and Ms.Annu Philip proposed the vote of thanks. The official program was followed by a pupper show played by fourth year BSc Nursing students. Program enabled by 11.30



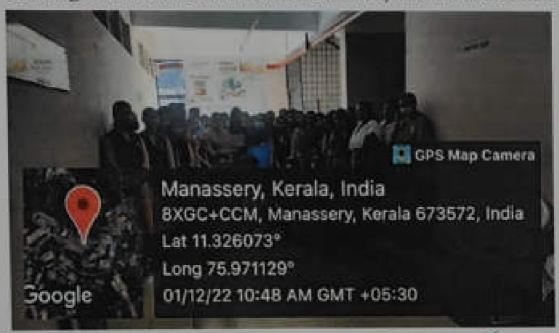
Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manussery, Kothikode - 673 502



# WORLD AIDS DAY AWARENESS PROGRAMME

World Aids Day Awareness program was organized by fourth year of Nursing. A mime and flash mob were organized in KMCT Medical college reception area for the patients and by standers. The official inauguration was done by Prof.Mrs Mageswari. Prof.Mrs Steffy jobn welcomed the gathering Aids day message was given by Prof.Mrs. Ambika C, Vice principal. Ms Sona Fourth year BSc Nursing student rendered vote of thanks. The function began at 9.30 AM on 01/12/2022 and finished at 11.30 am

In connection with world Aids Day, Department of Dermatology, KMCT Medical College organized a face painting competition for the students of KMCT group of institutions. 16 students from BSc Nursing participants for the event. First prize was bagged by Ms.Anjana M of Fourth year Bsc Nursing. Second prize was bagged by Ms.Anjali of second year Bsc Nursing. The cash award and prizes were distributed by Dr. Najeeba Riyas, HOD Dermatology. The function started at 8.30 am and finished by 12.30 PM on 02/12/2022.



COLLEGE OF ALLES

Prof. MAGESWARI R Principal KMCT College of Nursing

Manassery, Kuzhikoda - 673 60

KMCT Medical College Corpus, Manassery, Mukkom, Kozhikode-673602, Kerala







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Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kozhikoda - 673 602



## NATIONAL IMMUNIZATION DAY



As a part of National immunization Day programme on 16/03/2023 at 9.00AM – 11.00 AM in Family Health Centre, Thiruvambady. Third year Bac Nursing student, Health Department and Corama panchayath members were participated. Meeting was organized in FHC Thiruvambady.



Prof. MAGESWARI R Principal KMCT College of Nursing Manassery, Kochkode - 673 502









Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kochlhode - 673 602



#### WORLD HEALTH DAY



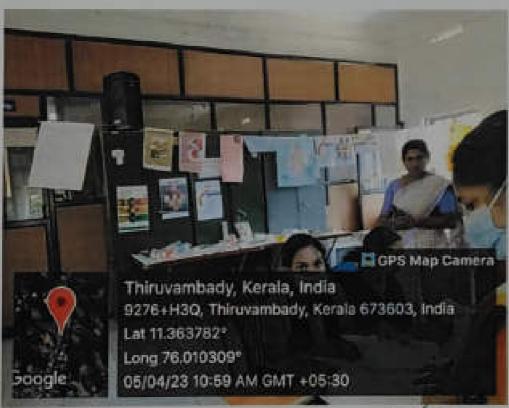
As part of World Health Day, 50 students of third year BSc nursing students were participated in a education session organized by Thiruvambady Family Health Centre. Medical officer Mrs. Nikhila took a session based on health hygiene. About 65 members participated in the programme



Prof. MAGESWARI R
Principal
KMCT College of Nursing
Manassery, Kozhikode - 573 502











#### NO TOBACCO DAY



As part of No Tobacco Day, Third semester BSc Nursing students participated in programme organized by Thiruvambady Family Health Centre. Medical officer Mrs. Nikhila took a session based on prevention of tobacco use. Prof.Mrs.Mageswari inaugurated the programme. Students, patients other members of hospital received the benefits from the session





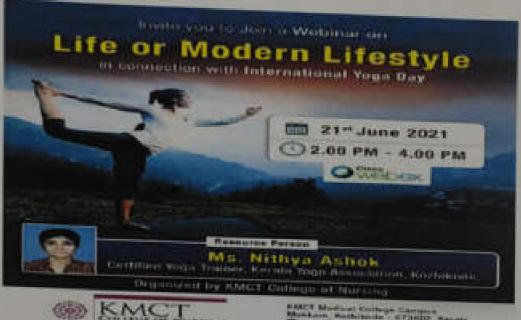


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#### INTERNATIONAL YOGA DAY



International Yoga day was observed as a webinar through webes on 21.06.2021 at KMCT College of Nursing. As part of a programme on Yoga demonstration was conducted at online for BSc Nursing students and faculties. Mrs. Steffy did welcome speech. Mrs R Mageswari, principal KMCT College of nursing inaugurated the functions and delivered Yoga message for students. Prof.Mrs.Ambika Vice principal, Kmct College of Nursing felicitated the programme. Yoga demonstration was done byMsNithya. Vote of thanks was given by Ms. Anjana First year BSc nursing student







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#### WORLD CANCER DAY

World cancer day programme conducted by KMCT college of Nursing III rd Year students at Govt. Mental Health Centre, Kuthiravattam on 4.02.2022. Vice principal Prof. Dr. Ambika delivered a speech on cancer awareness and students were presented poster based on cancer day theme. Mrs. Kukku, Lecturer and Mrs. Jipsa, Lecturer co-ordinate the programme.





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#### INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING

International day against drug abuse and illicit trafficking was observed on 27.6.2021 to raise awareness about drug abuse among students and to highlight the threat that drugs pose to our society. An online webinar conducted through webex platform by IQAC and college union of KMCT CON, 100 participants attended the programme. Key note address given by Prof. R Mageswari Principal, felicitation given by Prof. Ambika vice principal. A video presented by third year BSC students.

#### ORAL REHYDRATION DAY

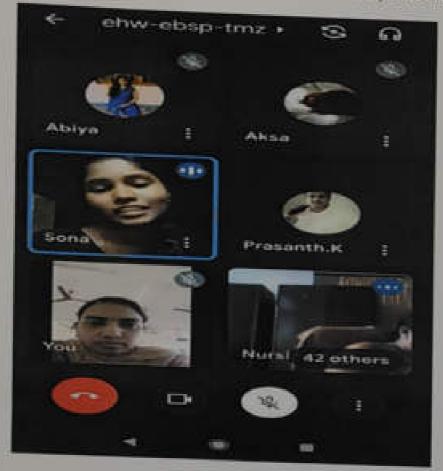
Oral Rehydration day was observed on 29th July 2022 from 10.30 AM to 1.00 PM at KMCTCON through Google meet

The programme started with a prayer by Ma Sona. The Programme was anchored by Ma Sona. Ms Aswathy welcomed the gathering. Inauguration and presidential address was given by Prof.MrsAmbika C, Vice Principal, and KMCT College of Nursing Felicitation speech was given by Mr. Prashanth, HOD of department of pediatrics. After felicitation speech, students conducted an awareness programme regarding rehydration therapy.

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#### WORLD BREAST FEEDING WEEK

World Breast feeding week was jointly observed by KMCT College of Nursing and Indian academy of Paediatrics.50 students of third year BSc Nursing students organized an awareness programme for patients which was conducted in the Gynecology O.P. D of KMCT women and Child Hospital. The event was organized by Mrs. RakhiSeban, Associate Professor KMCT College Of Nursing. Dr. Cheriyan, HOD of Paediatricsconveyed the message to audience. After this the third Year BSc Nursing Students organized a skit for the audience regarding the importance of Breast feeding. This programme was very useful for the postnatal mothers







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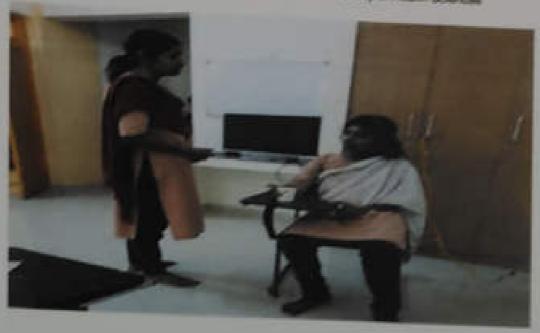
#### WORLD MENTAL HEALTH DAY

In connection with the world mental health day on 10.10.2021 third year Boc nursing students of KMCT CON participated in a poster exhibition and skit organized by department of psychiatry of KMCT medical college, also conducted quiz program for all the students of KMCT College of Nursing









#### ANTI RAGGING AWARENESS PROGRAMME

An anti ragging awareness programme organized on 22/03/2022, Friday 9.30 am at KMCT college of mursing auditorium. The session done in association with Mukkum police station and KMCT CON and KMCT SON.

Programme starts with prayers Prof. DeAmbika C. Vice principal welcomed the gust and gathering. Prof. Mageswari R principal, college of Nursing introduced the grant Mr. Assain P SI Mukkum police station. He delivered the class awareness class about ragging, importance of ragging among college campus. Drug abuse awareness also along with anti-ragging session. Legal aspect of both ragging and drug abuse also detailed.

Interactive session arranged for the staff and students. All teaching faculty from the BSc and GNM, second years, third years, GNM students attended the function. Student rep Aswathi delivered vote of thanks

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Prof. MAGESWARI R
Principal
KMCT College of Narring
Managery, Kestwade - 573 002



#### WORLD TH DAY

WorldTB day observed on 24th March 2022 at KMCT colleges of sursing a programme was arranged on 24th march by KMCT colleges of sursing and Paleontology department medical college.

Programme starts within silence prayers. The function inaugurated by HOD, pharmacology Mr. Abdul khadar. He delivered speech regarding the importance of TB day and conveys urgent need to invest reason to ramp up slight against TB and achieve the commitments to end TB. TB theme presentation was also done. Felicitation done by Prof.Mageswari R principal, KMCT college of Nursing Mr. Roopesh, community medicine department.

Theme presentation and poster exhibition done by nursing students and health talk arranged for public in the hospital settings.



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#### WORLD HEALTH DAY

World health day was observed on 7th April 2022 from 11 AM to 1 PM. Principal Prof. R Mageswari inaugurated the function. Prof. Mrs. Ambika C presented the world health day theme "Our Planet our health". Two student representatives from first year BSc Nursing also look part in the presentation. First year BSc Nursing students organized a college presentation also in connection with world health day. Mrs. Shine Thomas class coordinator of first year Students expressed the vote of thanks. The function finished by 1 pm.

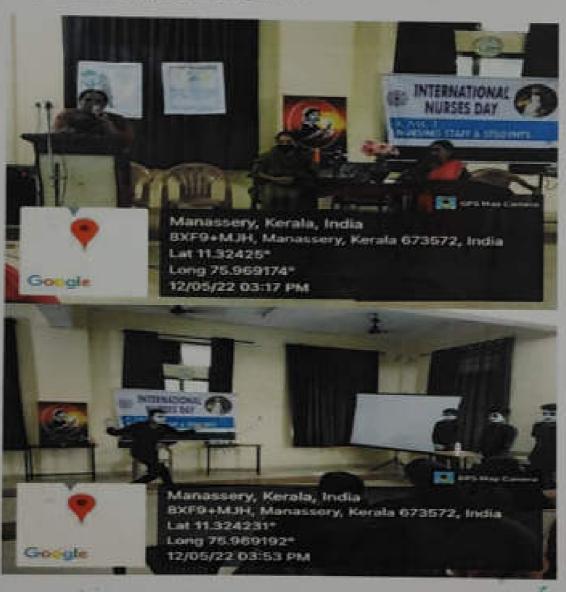






#### INTERNATIONAL NURSES DAY

International Nurses Day was observed on 12<sup>th</sup> may 2022 at KMCT College of Nursing. As part of it a meeting was conducted by at KMCT College of Nursing Auditorium for first year BSc Nursing and GNM students. Prof. R Mageswari, Principal KMCT College of Nursing, delivered Nursed day message to students. Mrs. Vaishnavi, Nursing Tutor also shared an Motivational speech with students. Nurse's day theme was presented by MrRijasMuhammed 1<sup>th</sup> year BSc Nursing student.



KMCT Material Callege Campus, Manassery, Mukkom, Karkikode, 67 1602, Kerala 3 602



Recognized by Indian Nursing Council & Kersta Nurses and Micharles Council & attituded to Kersta University of Health Sciences.

# ANTI RAGGING AWARENESS PROGRAMME

An anti ragging awareness programme organized on 29/01/2021, Friday 9:30 am at KMCT college of nursing auditorium. The session done in association with Mukkam police station and KMCT CON and KMCT SON.

Programme starts with prayers Prof. Steffy John, HOD, Community Health Nursing welcomed the guests and gathering. Prof. Mageswari.R principal, college of Nursing introduced the grant. Mr. Assain P SI Mokkam police station. He delivered the class awareness class about ragging, importance of anti-ragging among college campus. Drug abuse awareness also along with anti-ragging session. Legal aspect of both ragging and drug abuse also detailed.

Interactive session arranged for the staff and students. Second- and third-year GNM students, as well as all teaching staff from the BSc and GNM, attended the event. Student rep. Hanan delivered wate of thanks

#### WORLD ENVIRONMENTAL DAY

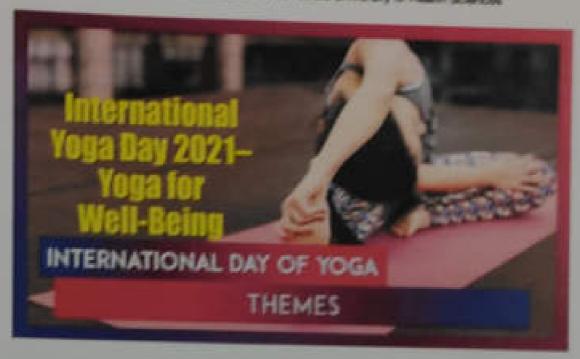
June 5th world Environmental Day was observed at KMCT College of Nursing on 6.06.2022. Prof.R. Mageswari, Principal planned a sapling at front yard of college. Poster presentation regarding world environment day was done by students from first year BSc Nursing.

#### INTERNATIONAL YOGA DAY

International Yoga day was observed on 21.06.2021 at KMCT College of Nursing. As part of a programme on Yoga demonstration was conducted at KMCT auditorium by 50 students of second year BSc Nursing. Mr.Deon did welcome speech. Mrs R Mageswari, principal KMCT College of nursing inaugurated the functions and delivered Yoga message for students. The theme of yoga day was Yoga for Wellness. Prof Mrs.Ambika Vice principal, Kmct College of Nursing felicitated the programme. Yoga demonstration was done by first year BSc Students Ms. Vismaya babu. Vote of thanks was given by Ms. Rona First year BSc nursing student

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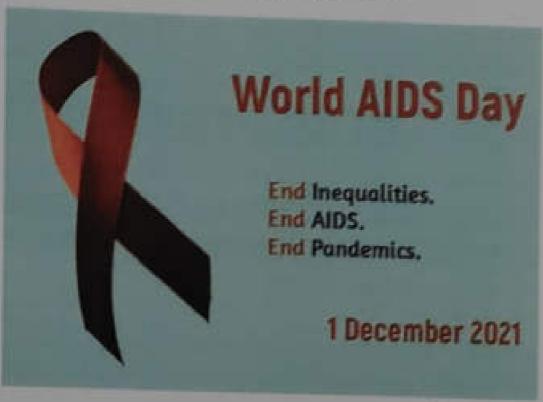
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Principal
KMCT College of Nursing
Managery, Kuttikote - 673 Mg



Recognized by Indian Nursing Council & Kensis Nurses and Michelies Council & attituded to Kensis University of Health Sciences

## WORLD AIDS DAY AWARENESS PROGRAMME

World Aids Day Awareness program was organized by fourth year of Nursing. A mime and flash mob were organized in KMCT Medical college for the patients and by standers. The official inauguration was done by Prof.Mrs Magrawari. Prof.Mrs Staffy john welcomed the gathering Aids day message was given by Mrs.Reema, NS KMCT Hospital. Mrs.Sabitha Fourth year BSc Nursing student rendered vote of thanks.





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#### WORLD AIDS DAY

On 01.12.2019, World AIDS day was observed. Ill<sup>16</sup> year BSc Nursing students of KMCT CON presented flash mob at CHC Mukkom. I<sup>6</sup> year BSC (N) students participated in the health awareness rally.



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#### **COVID 19 AWARENESS**

The COVID-19 pundernic has emerged as a serious threat to our health, which gets minimized by simply wearing a mask in public places. So our college 150 students organize Generating awareness on the importance of using masks is the need of the hour on 15.02.2020. In connection with this, volunteers distributed masks in their near by locality to the needy. Volunteers also prepared posters.

Wearing a mask not only protects us but also protects others from contracting the virus. "Wear A Mask" for your friends, family, neighbors' and protect them against the spread of COVID-19.

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Prof. MAGESWARt R
Principal
KMCT College of Nursing
Manassery, Kozhikode - 673 FC.

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KMCT Medical College Campa

Manasserv, Mukkom, Kozhikode-673602, Kerala



#### INTERNATIONAL YOGA DAY

International Youth day: 21/06/2018 observed the day based on the theme 'Yoga for Humanity'. The program was inaugurated by Prof. R Mageswari Program Officer and Principal, KMCT college of Nursing and she gave yoga day message for students. Yoga demonstration was done by the students.





Principal KMCT College of Nursing

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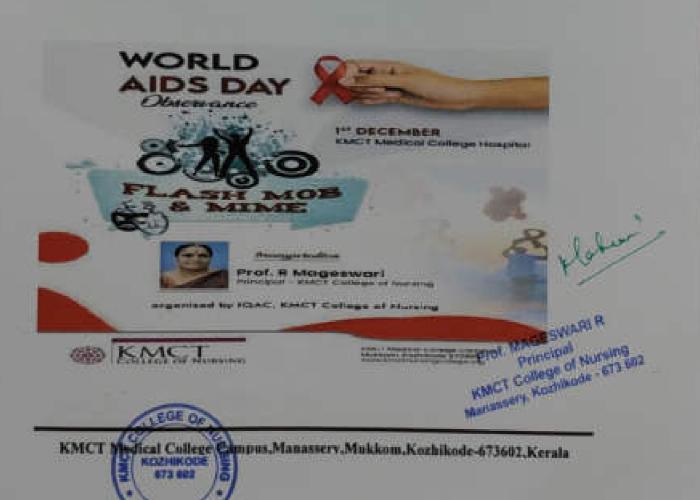


### WORLD DIABETES DAY OBSERVANCE:

World Diabetic day was observed on Nov 14, 2018 by KMCT CON. An awareness programme on Diabetes was conducted at KMCT Medical College. A screening programme to detect the Diabetes also conducted on the day. Many patients were detected with Diabetes and referred for further medical care.

#### WORLD AIDS DAY

World AIDS Day was observed on Dec 1st, 2018 by IV year students by conducting Flash mob AIDS Prevention Prof. R Mageswart. Principal KMCT CON inaugurated the function. The volunteers gave the message to reduce stigma against HIV clients and to control and prevent HIV/AIDS





World Breast feeding week was observed in the first week of August. Faculty organised a seminar and students participated in skit.

#### HEALTH AWARENESS PROGRAMME

On 17.10.2019, Health awareness programme in connection with celebrating 150<sup>th</sup> birth anniversary of Mahatma Gandhi was conducted. Mrs. RakhiSeban, Associate Professor, Dept of OBG handled a session on PCOD. A sensitisation session on SSGP (Student Support and Guidance Cell) also conducted by Mrs. Jasna T, Vice Principal (SSGP nodal officer) on the same day.







# WORLD TB DAY OBSERVANCE

World Th Day Observance World TB day was observed on 24th March, 2019 by KMCT College of Nursing. The programme started at 10 am by a prayer, Volunteers had Session was inaugurated by HOD Pulmonology Mr. Abdul Khadar. Prof. R. Mugeswari slogans and placards which highlighted the prevention and management of Tuberculosis prevention and management of Tuberculosis. It was followed by role play which was done principal college of KMCT Nursing Policitated and Awareness Programmegiven by the Students. Prof. MaGESWARIR
Prof. MaGESWARIR
WINCT College of Nursling
Manassery, Northhode - 673 667





# FIELD VISITS SCHOOL VISITS







#### SCHOOL HEALTH PROGRAMME

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KMCT Medical College Campus, Manassery, Mukkom, Kozhikode-673602, Kerala

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Email:nursing@kmct.edu.in Website: https://www.kmctnursingcollege.org/



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This is to certify that IInd Year BSc Nursing students from KMCT College of Nursing, Manassery, have undergone field visits and community posting from 01/11/2022 to 03/12/2022 as per their requirements.

SI No	Name of Students	Signature of the students
1	Abhivandhya K P	Marie
2	Afcef Ali .T.P	100
3	Aleesha Linu	Herty San \$
4	Amalsha Babu	424
5	Anishma S	1
6	Anjaly K U	Aut.
7	Annu Philip	Bar P
8	Arthana.V	About
9	Ashfak Ahammed K	-
10	Aswathi Sreekumar	Hat.
11	Aswin Mathew	Acre
12	Athul Krishna R	HART HART
13	Binad Farooque V	**
14	Bindhya T	Bully
15	Chinnu	Chimps.
16	Dulkhafel	(Delacat
17	Farshana.K K	GAND.
18	Fasla Ramshi M P	at the same
19	Gopika K	Charles
20	Himaja.P.V	199/
21	Jasna T M	Q2
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23	Kadeeja Rifa	45ate
24	Karthika P N	Keethel
25	Libina Nasrin M	200
6	Mohamed Nihal.K	Nilal
7	Mohammad Swalih.C.P	Prohi
8	Mohammed Junaid.A.	Jens
9	Mohammed Shabeeb.T.P	D.F
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38	Pavithra Madhav	Best .
39	Ranju M	CHEST .
40	Rona Mol	O PA
41	Sajla P	See
42	Sam Thomas	For .
43	Shalique Mohamed.T.E	None
44	Shamna P	Bhatis
45	Sncha.P.B	Bottle:
46	Sneha Sebastian	Story
47	Sona Chandran	Grant,
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Prof Mageswart Russing 503

This is to certify that IVth Year BSc Nursing students from KMCT College of Nursing, Manassery, have undergone field visits and community posting from 10/08/2022 to 31/12/2022 as per their requirements.

SI	Name of Students	Signature of the students
No.	Alle Dalle	students
1.	Abiya Bobby	Aule
2	Aiswarya Sabu	A. A.
3	*Aiswarya Thomas	
4	Aksa Merin Saji	·Mand
5	Aksa Stephen	ohn
6	Akshaya.P	TO be
7	Ambili .A. P	
8	Aneeta Joseph	A CONTRACTOR OF THE PARTY OF TH
9	Anitta Raju	M
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12	Anujaya.M.K	PAW
13	Anupama.P	COV-
14	Anuvarna.K	Brun.
15	Aswathy.E	Areaba
16	Athira.P	gav
17	Athira Shaji	Alle
18	Athulya George.M	Deox
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27	Jishnaya.K.P	(a)
28	Kesiya .P . J	Leanip
29	Kiran.V.P	Res
30	Linda Varghese	2 Khar 2
31	Mancesha Mohanan	Jan William
32	Mohammed Aflah.K.V	Col Marian
33	Persis T Sebastian	Que signa
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35	Sandra.N.K	To to Contract

36	Shershar Ali.A	al al
37	Siya Mariya	Same
38	Sona.K	
39	Soumya George	(40)
40	Sreepriya Rajan	Jane -
41	Sreethu.C	
42	Tabitha Raju	126

Sign of Health Inspector

HEALTH INSPECTOR Femily Health Centre Thiruvambady

Sign of Medical Officer

MEDICALIOFFICER
Family Health Centre Thiruvembady Kozhikoda - 673 603



Harassery Kornikode of 3602





# VALUE ADDED COURSES



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### Report on Value Added course

Name of the topic: Relaxation Exercises

A value added course on Relaxation Exercises was conducted for the 2<sup>nd</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Mrs. Teena Swaraj, Certified yoga trainer, Insight Academy, Agasthyamuzhi

Date	Time	
3/1/22	4-5pm	
4/1/22	4- 5pm	
5/1/22	4-5pm	
6/1/22	4-5 pm	
7/1/22	4- 5 pm	
8/1/22	8-6pm	
10/1/22	4- 5 pm	





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# Report on Value Added course

Name of the topic: Meditation

A value added course on Meditation was conducted for the 2<sup>nd</sup> year BSc Nursing students through online medium by Mrs. Teena Swaraj, Certified yoga trainer, Insight Academy, Agasthyamuzhi

Date	Time	
5/7/21	4-5pm	
6/7/21	4- 5pm	
7/7/21	4-5pm	
8/7/21	4-5 pm	
10/7/21	4- 5 pm	
11/7/21	8-6pm	
13/7/21	4- 5 pm	







#### Report on Value Added course

Name of the topic: Breathing techniques

A value added course on Breathing techniques was conducted for the 2<sup>nd</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Nithya Ashok, Certified Yoga Trainer.

Date	Time	
8/2/21	4-5pm	
9/2/21	4- 5pm	
10/2/21	4-5pm	
11/2/21	4-5 pm	
12/2/21	4- 5 pm	
13/2/21	8-6pm	
15/2/21	4- 5 pm	







#### Report on Value Added course

Name of the topic: Physical Postures

A value added course on Physical Postures was conducted for the 2<sup>nd</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON.

Mrs. Teena Swaraj, Certified yoga trainer, Insight Academy, Agasthyamuzhi.

Date	Time	
7/12/20	4-5pm	
8/12/20	4- 5pm	
9/12/20	4-5pm	
10/12/20	4-5 pm	
11/12/20	4- 5 pm	
12/12/20	8-6pm	_
14/12/20	4- 5 pm	



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# Report on Value Added course

Name of the topic : Yoga

A value added course on **yoga** was conducted for the 2<sup>nd</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Mrs. Shyma chandra, Asst professor KMCT CON from 18/1/2023-25/1/2023 from 6pm to 8pm

Date	Time	
4/9/23	4-5pm	
5/9/23	4- 5pm	
6/9/23	4-5pm	
7/9/23	4-5 pm	
8/9/23	4- 5 pm	
9/9/23	8-6pm	
11/9/23	4- 5 pm	



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#### Report on Value Added course

Name of the topic : Yoga

A value added course on yoga was conducted for the 2<sup>nd</sup> year BSc Nursing students in the Multipurpose hall of KMCT CON. Ms. Monisha Anna Moncy, Student KMCT CON from 18/1/2023-25/1/2023 from 6pm to 8pm

Date	Time	
4/9/23	4-5pm	
5/9/23	4- 5pm	
6/9/23	4-5pm	
7/9/23	4-5 pm	
8/9/23	4- 5 pm	
9/9/23	8-6pm	
11/9/23	4- 5 pm	



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