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COLLEGE OF NURSING

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TO WHOMSOEVER IT MAY CONCERN

**This is to certify that the information in the attached documents is
verified by me and its true to the best of my knowledge**



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**SYLLABUS OF ADD ON
COURSES**



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FIRST AID TRAINING PROGRAMME



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SYLLABUS

FIRST AID TRAINING PROGRAMME



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CONTENT

Sl No	Content	Page No.
1	Course Description	5
2	Aims and Objectives	6
3	Courses Outline	7
4	Methods of Teaching and evaluation , Credentialing	8
5	References	9



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Placement : First Year BSc Nursing

Title : First Aid Training Programme

Course Code : KMCT ADD 001

COURSE DESCRIPTION :

Nursing has had a significant effect on peoples lives. As rapid change continues to transform the profession of nursing and health care system. The First Aid Training Programme prepares students to deal with a range of medical emergencies, from common injuries. This profession we train the Ist Year BSc Nursing students for emergency nursing care with first Aid.

The course is scheduled over 1 day, and will be organized as part of training programme of Ist Year BSc Nursing Students.



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AIMS AND OBJECTIVES

AIMS

The aim of this programme is to guide student nurses to identify emergency situations and to give adequate first aid care in their professional, social and personal life.

OBJECTIVES

This programme is intended to :

- To preserve life
- To prevent the worsening of a patient's medical condition
- To promote recovery
- To help for ensuring safe transportation to the nearest health care facility
- To prevent infection
- Management of bleeding
- Reassurance and monitoring of the patient admitted to casualty
- Management of CPR
- Management of safety measures



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COURSE OUTLINE:

Sl No.	Learning Objectives	Content	Teaching learning activity
1	To explain the importance of first aid in emergency circumstances	Introduction to First Aid <ul style="list-style-type: none"> • Definition • Aims and Objectives of First Aid • Basic Principles • Scope and rules 	Lecture cum discussion
2	Explain and apply principles of First Aid during emergencies	First Aid Management I <ul style="list-style-type: none"> • Wounds • Hemorrhage • Shock 	Lecture cum discussion
3	Explain and apply principles of First Aid during emergencies	First Aid Management II <ul style="list-style-type: none"> • MusculoSkeletal Injuries : Fractures, Dislocations and Muscle injuries • Transportation of Injured persons 	Lecture cum discussion Demonstration
4	Explain and apply principles of First Aid during emergencies	First Aid Management III <ul style="list-style-type: none"> • Respiratory emergencies • Basic CPR • Unconsciousness 	Lecture cum discussion Demonstration
5	Explain and apply principles of First Aid during emergencies	First Aid Management IV Foreign Bodies <ul style="list-style-type: none"> • Skin • Eye • Ear • Nose • Throat • Stomach 	Lecture cum discussion Demonstration
6	Explain and apply principles of First Aid during emergencies	First Aid Management V <ul style="list-style-type: none"> • Burns and Scalds • Poisoning , Bites and Stings • Frostbite and effect of heat • Community emergencies 	Lecture cum discussion Demonstration



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METHODS OF TEACHING

The core module for First Aid Training Programme include Classroom teaching, discussion, group activity , role play. All the essential skills will be demonstrated to the students and practice sessions will be arranged

METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

CREDENTIALLING

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one Credit.



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REFERENCES

1. Kozier, B et al. fundamentals of Nursing, concepts, process and practice. Dorling Kindersley publishing Pvt Ltd India, New Delhi.
2. Potter, P., Perry, A.G., Stockert, P., Hall, A. Canadian fundamentals of Nursing (4th ed, astle, B.J., & Duggleby, W. Eds.) Elsevier Canada
3. Annamma Jacob, Rekha R, Tarachanj, clinical nursing procedures: The art of Nursing Practice, JP Brothers Medical Publishers, New Delhi.
4. Fundamentals of Nursing-A procedure manual, TNAI, New Delhi.
5. Indian First Aid Manual, Authorized manual of St. Johns Ambulance association (India) & Indian Redcross society, New Delhi



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PATIENT SAFETY

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PATIENT SAFETY



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CONTENT

Sl No	Content	Page No.
1	Course Description	5
2	Aims and Objectives	6
3	Courses Outline	7
4	Methods of Teaching and evaluation , Credentialing	8
5	References	9

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Placement : First Year BSc Nursing

Title : Patient Safety

Course Code : KMCT ADD 005

COURSE DESCRIPTION :

The course represents an exciting new approach to patient safety incorporating an emphasis on a proactive approach to identifying risks to safe care and including systems thinking and human factors. This sets the scene for a step in thinking about the patient safety which will lead to significant gains as it reaches a critical mass to trained nurses.

Patient safety continues to be a significant issue in healthcare and a focus of both quality improvement and academic research.

The course is scheduled over day and will be organized as part of training programme of Ist Year BSc Nursing Students.



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AIMS AND OBJECTIVES

AIMS

The aim of this programme is to guide student nurses to provide both technical understanding of safety in complex systems and a suite of tools and approaches that will build safety for patients, reduce the risks created by systems and practices and develop a genuine culture of patient safety.

OBJECTIVES

The students will be able to

- Recognize the challenges and burden of unsafe care.
- Envisage future complexities and challenges concerned with patient safety
- Detect unsafe acts and enhance good safety management system
- Identify the adverse events through mandatory and voluntary reporting systems.



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COURSE OUTLINE:

Sl No.	Learning Objectives	Content	Hrs	Teaching learning activity
1	To explain the fundamentals of patient safety	Fundamentals of patient safety	T-1 hr	Lecture cum Group discussion
2	To identify the emerging challenges in patient safety	Emerging challenges in patient safety	T-1 hr	Lecture cum Group discussion
3	To know more about infection control and its protocol	Infection prevention and control	T-1 hr P-0.5hr	Lecture, group discussion, Group activity
4	To understand the importance of effective communication	Communicating effectively – <ul style="list-style-type: none">• Engaging patient and care givers• Communicating risk• Obtaining consent• Being culturally respectful• Open disclosure	T-1 hr P-0.5hr	Lecture, group discussion, Group activity, role play, assignment
5	To perform procedures with safe and security	Patient safety and invasive procedures	T-1 hr	Lecture, Assignment
6	To explain about medication safety	Measuring & Improving Medication safety	T-1.5hr P-0.5hr	Lecture, Group activity
7	To describe adverse events and near misses	Adverse events and Near Misses <ul style="list-style-type: none">• Recognizing adverse events• Reporting & Managing adverse events• Managing risks and complaints	T-0.5hr P-0.5hr	Lecture, Group discussions, group activity



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METHODS OF TEACHING

The core module for Patient safety include Classroom teaching, discussion, group activity, role play and assignment. All the essential skills will be demonstrated to the students and practice sessions will be arranged

METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

CREDENTIALLING

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one Credit.



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PALLIATIVE CARE



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PALLIATIVE CARE



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CONTENT

Sl No	Content	Page No.
1	Course Description	5
2	Aims and Objectives	6
3	Courses Outline	7
4	Methods of Teaching and evaluation , Credentialing	8
5	References	9



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Placement : Second Year BSc Nursing

Title : Palliative Care

Course Code : KMCT ADD 002

COURSE DESCRIPTION :

This course is for the BSc Nursing students who are keen to enhance and upgrade their knowledge in palliative care. The students will be able to manage patients suffering from a life- threatening disease and their families in a best possible manner. This course has been developed with lot of passion as we strongly feel that palliative care is important and every individual has the right to a peaceful and dignified life and death.

The course is scheduled over 1 day and will be organized as part of training programme of IInd Year BSc Nursing Students.



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AIMS AND OBJECTIVES

AIMS

Palliative care refers to the optimization of quality of life for both the patients with serious illness and their families using special measures to anticipate, treat and prevent suffering. This care encompasses the continuum of illness including physical, psychological, emotional and spiritual needs of seriously ill patients.

OBJECTIVES

At the end of this course, the students will be able to

- Understand and apply the principles of palliative care in chronic and life-limiting illness.
- Identify and manage issues that needs specialized nursing interventions
- Assess and manage pain and other physical symptoms.
- Assess and manage psychological, emotional and social issues in patients with chronic and life-threatening illness.
- Communicate effectively and handle difficult communication status.

Principles and practice of palliative care

Pain management

Nursing interventions for symptoms management in palliative care

Managing psychological issues in palliative care

Communicative skills in palliative care



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COURSE OUTLINE:

Sl No.	Learning Objectives	Content	Hrs	Teaching learning activity
1	To explain the principles and practice of palliative care	Principles and practice of palliative care	T-1 hr	Lecture cum Group discussion
2	To identify and manage pain	Pain management	T- 1 hr	Lecture cum Group discussion
3	To know more about symptoms management in palliative care	Nursing interventions for symptoms management in palliative care	T- 1 hr P- 2 hr	Lecture, group discussion, Group activity
4	To manage psychological issues in palliative care	Managing psychological issues in palliative care	T- 1 hr P- 1 hr	Lecture, group discussion,
5	To improve communicative skills in palliative care	Communicative skills in palliative care	T- 1 hr	Lecture , Assignment

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METHODS OF TEACHING

The core module for Palliative care include Classroom teaching, discussion, group activity, role play and assignment. All the essential skills will be demonstrated to the students and practice sessions will be arranged

METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

CREDENTIALLING

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TRANSPLANT NURSING



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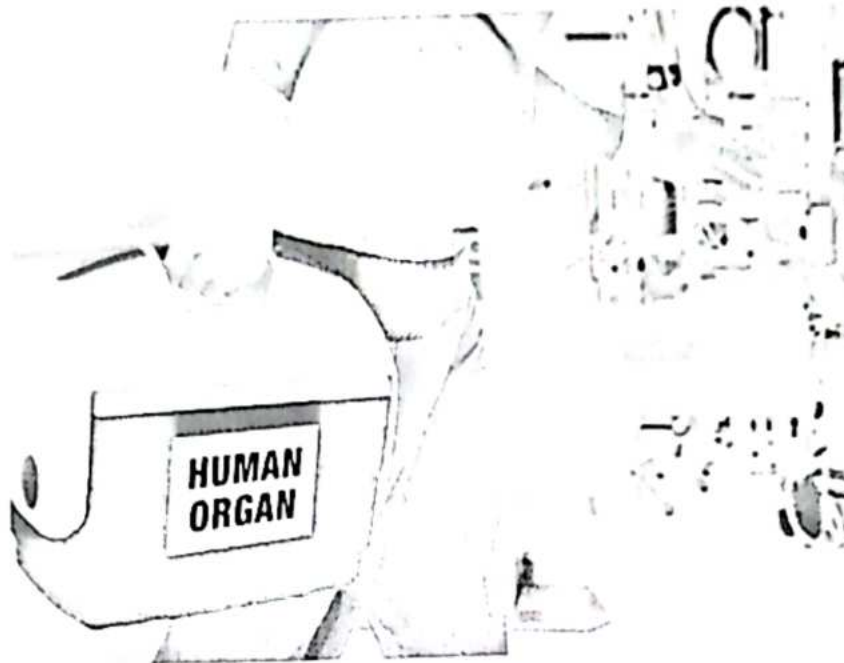


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TRANSPLANT NURSING



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Sl No	Content	Page No.
1	Course Description	5
2	Aims and Objectives	6
3	Courses Outline	7
4	Methods of Teaching and evaluation , Credentialing	8
5	References	9



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Placement : Third Year BSc Nursing

Title : Transplant Nursing

Course Code : KMCT VAC 003

COURSE DESCRIPTION :

- 2 This course is for the BSc Nursing students who are keen to enhance and upgrade their knowledge in Transplant care. The students will be able to manage patients suffering from a life-threatening disease and their families in a best possible manner. This course has been developed with lot of passion as we strongly feel that not only the recipient to be given care for but also equal counselling for the donor as well is important and every individual has the right to a peaceful and dignified life and death.

The course is scheduled over 1 day and will be organized as part of training programme of III Year BSc Nursing Students.



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AIMS AND OBJECTIVES

AIMS

This course aims to provide the nursing students with the knowledge develop specific skills to manage the patients undergoing Organ transplantation and post organ transplantation effectively.

OBJECTIVES

At the end of this course, the students will be able to

- State the meaning of organ transplantation.
- Identify the indications, contraindications and complications of organ transplantation.
- Describe the regulatory requirements for organ transplantation.
- Provide intra, pre- and post- operative care of patients undergoing organ transplantation.
- Recognize the legal and ethical issues in organ transplantation.
- Distinguish prevention and control of infection in organ transplant unit.
- Educate transplantation patient about home and follow care.



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COURSE OUTLINE:

Sl No.	Learning Objectives	Content	Hrs	Teaching learning activity
1	To define and explain about organ transplantation	Introduction <ul style="list-style-type: none"> Meaning, definition and types Indications and contraindications Classification and mechanism of action of immunosuppression drugs used in organ transplantation. 	T-1 hr	Lecture cum Group discussion
2	To identify the regulatory requirements	Regulatory requirements <ul style="list-style-type: none"> Potential deceased organ donor, living organ donor and potential organ recipient 	T- 1 hr	Lecture cum Group discussion, group activity
3	To provide the best management for the transplantation patients	Management of transplantation patients. <ul style="list-style-type: none"> Pre-operative nursing management of recipient and living organ donor Immediate post-operative nursing management recipients and living organ donor Complications in post transplantation 	T- 3 hr	Lecture, group discussion, Group activity
4	To adhere to the infection control in transplantation units	Infection control in transplantation units: <ul style="list-style-type: none"> Prevention of infection Control of infection 	T- 1 hr	Lecture, group discussion,
5	To identify the legal and ethical issues in organ transplantation	Legal and ethical issues in organ transplantation	T-1 hr	Lecture , Assignment
6	To provide discharge education	Discharge education: <ul style="list-style-type: none"> Nutritional needs of organ transplant recipient / donor Rehabilitation of organ transplant recipient / donor 	T-1 hr	Lecture , group activity



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METHODS OF TEACHING

The core module for transplant nursing include Classroom teaching, discussion, group activity, role play and assignment. All the essential skills will be demonstrated to the students and practice sessions will be arranged

METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

CREDENTIALLING

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MID LEVEL HEALTH PROVIDER



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SYLLABUS

MID LEVEL HEALTH PROVIDER



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MANASSERY, KOZHIKODE-673602



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CONTENT

Sl No	Content	Page No.
1	Course Description	5
2	Aims and Objectives	6
3	Courses Outline	7
4	Methods of Teaching and evaluation , Credentialing	8
5	References	9



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Placement : Fourth Year BSc Nursing

Title : Mid Level Health Provider

Course Code : KMCT ADD 004

COURSE DESCRIPTION :

This short course provide an overview of the whole continuum of management with emphasis on project management. It is intended to provider students a knowledge of Mid Level Health Providers as well as practical knowledge on how to formulate a project and manage a project. Their competencies will be enhanced through the different practical workshops particularly incase analysis, problem identification decision making and prioritization, project planning and implementation, monitoring and evaluation.

The course is designed to serve as basic reference for health care providers interested in project management fundamentals.



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AIMS AND OBJECTIVES

AIMS

The aim of this programme is to guide student nurses to provide assistance to provide India's Community Health centers. Community Health Officers (CHOs) also known as Mid Level Health Providers.

OBJECTIVES

The students will be able to

- Discuss the functions/ principles of management.
- Get an overview of the various organizational theories and their relevance to present day management.
- Discuss the program/ project management process and the application of the different functions of management through theory and workshops.
- Analyze the different steps in program / project plan and be able to formulate based on case back home situation.
- Understand the resource management concepts and their relevance to health care organizations.
- Develop a monitoring and evaluation plan.



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COURSE OUTLINE:

Sl No.	Learning Objectives	Content	Hrs	Teaching learning activity
1	To review the non clinical subjects	Non Clinical subject review <ul style="list-style-type: none"> • Physiology : cell, blood, respiratory, GI and Excretory system • Biochemistry : cell, lipids, proteins, Nucleic acids • Nutrition : food , water, protein, minerals, principles of nutrition and Balanced diet • Pharmacology : pharmacodynamics, chemotherapy, antiseptics, disinfectants, insecticide and drug action in different systems • Microbiology : bacteria, sterilization and disinfection, culture media, disposal of laboratory waste, collection and transportation of specimen • Pathology and genetics : cell injury and adaptation, healing and inflammation 	T-3 hr	Lecture cum Group discussion
2	To explain the nursing subjects	Nursing <ul style="list-style-type: none"> • Surgical Nursing : internal defences, Special problems influencing the care of patients • Child Health Nursing : Growth and development, care of neonate, disorders in children and nursing management • Obstetric and gynaecology Nursing : Care of antenatal , intranatal and postnatal mothers and newborns • Community Health Nursing : Organization and administration of health services in India, epidemiology • Mental Health Nursing : Principles and classification of mental disorders • Nursing Management : Health teaching and communication, limitations and methods of Health education • Nursing Education : Communication Process, IEC, Guidance and counselling, methods of teaching 	T-4 hr	Lecture cum Group discussion



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3	To describe the social and psychological aspects	Social and Psychological aspects <ul style="list-style-type: none">• Psychology : methods, human behaviour, personality, feeling and emotions and mental hygiene• Sociology : individual, society, culture, social process and organization	1-1 hr	Lecture, group discussion, Group activity
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METHODS OF TEACHING

The core module for Mid level Health Provider include Classroom teaching, discussion, group activity, role play and assignment. All the essential skills will be demonstrated to the students and practice sessions will be arranged

METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

CREDENTIALLING

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one Credit.



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BIOETHICS



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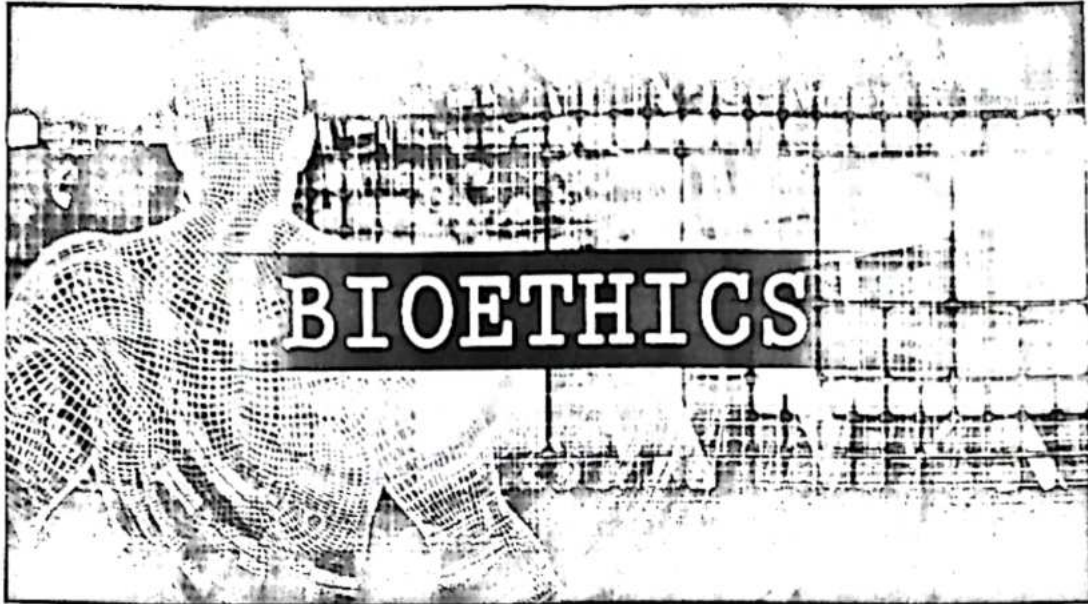


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SYLLABUS

BIOETHICS



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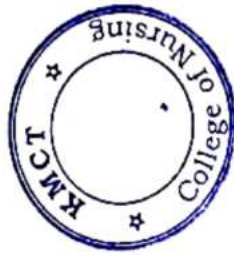
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Placement : First Year PBBSc Nursing

Title : BIOETHICS

Course Code : KMCT ADD 006

COURSE DESCRIPTION :

Bioethics involves big picture moral dilemmas faced by the medical community. Nursing ethics deal with individual ethical dilemmas that arise from situations between a care provider and patient. The field bioethics field wrestles with questions such as: What is the right thing to do?

The course involves an ethical discussion about common medical dilemmas in various circumstances. After this course, students should have a breadth of knowledge concerning medical ethics in general and an even more profound understanding of some significant historical and contemporary debates, including freedom of conscience, surrogate decision-making, and mandating vaccinations. In addition, students are expected to demonstrate their ability to engage in professional discussion

The course is scheduled over 1 day and will be organized as part of training programme of 1st Year PBBSc Nursing Students.



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AIMS AND OBJECTIVES

AIMS

The aim of this programme is to guide student nurses to identify ethical situations and to identify the ethical situations and act accordingly in their professional, social and personal life.

OBJECTIVES

This programme is intended to :

1. Students should develop an in-depth understanding of several critical issues in contemporary medical ethics.
2. Students should critically engage with the readings to identify potential problem.
3. Students should begin to develop autonomous ideas about medical ethics to the point that they can defend their own opinions, ideally, opinions that are different from those already expressed in the literature.
4. Throughout the course, students should practice and improve upon, their ability to have philosophical discussions (online) with their classmates. Skills involved in this endeavor include the ability to critique the views of others politely, and the ability to point out ways in which the ideas of others could be improved.



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COURSE OUTLINE:

Sl No.	Learning Objectives	Content	Teaching learning activity
1	To explain the importance of bioethics in nursing	Introduction to bioethics <ul style="list-style-type: none"> • Definition • biology • bioethics • health ethics • professional ethics 	Lecture cum discussion
2	Relate knowledge, freedom and conscience as a characteristic of a person	The human person <ul style="list-style-type: none"> • the person hood • human acts and acts of human <ul style="list-style-type: none"> → knowledge → freedom → conscience 	Lecture cum discussion
3	Describe the stages of a health care provider client relationship	The calling of the health care provider <ul style="list-style-type: none"> • health care provider • the client • the health care profession • health care provider-client relationship 	Lecture cum discussion Demonstration
4	Explain and apply principles of First Aid during emergencies	First Aid Management III <ul style="list-style-type: none"> • Respiratory emergencies • Basic CPR • Unconsciousness 	Lecture cum discussion Demonstration
5	Describe the qualities of a good health care provider to the client, society and its profession	<ul style="list-style-type: none"> • qualities and responsibilities of a good health care provider to the client, society and its profession 	Lecture cum discussion Demonstration



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METHODS OF TEACHING

The core module for bioethics include Classroom teaching, discussion, group activity, role play. All the essential skills will be demonstrated to the students and practice sessions will be arranged

METHODS OF EVALUATION

Evaluation will be conducted at the completion of the course using a structured questionnaire containing 50 Objective type questions carrying 50 marks.

CREDENTIALLING

Students who take up the entire contact hours and acquiring 50% marks in the assessment will be awarded with one Credit.



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REFERENCES

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